

San Diego-Imperial Counties Developmental Services, Inc. 2008 Performance Contract Plan Outcomes and Activities

1. Outcome: Decrease percentage of Regional Center caseload in Developmental Centers.

- Activity A: Implement the Community Placement Plan (CPP).
- Activity B: Assess and identify 20 persons residing in the developmental centers; develop community resources to move 10 into the community.
- Activity C: Provide training for service providers' staff to increase the effectiveness of community services in serving consumers with challenging behaviors.
- Activity D: Collaborate with San Diego County Mental Health to implement a Specialty Assessment Team.
- Activity E: Continue to utilize deflection homes in the community as an alternate to admissions to state development centers.
- Activity F: Develop Family Home Agencies.

2. Outcome: Increase percentage of minors residing with families.

- Activity A: Maximize the use of community resources that provide supports to families to assist them in maintaining their children at home.
- Activity B: Provide information to consumers and parents on "what to expect" and the resources available to support families, e.g. family counseling, effective use of respite, behavior management, etc.
- Activity C: Provide information and training to generic family counseling agencies and community service providers on the special needs of families with children with developmental disabilities.
- Activity D: Continue crisis intervention services.
- Activity E: Increase access to socialization, recreation and before/after-school resources for children with developmental disabilities, including those with physical disabilities or behavioral challenges.
- Activity F: Assist consumers and families to access assistive technology.

3. Outcome: Increase percentage of adults residing in own homes.

- Activity A: Continue efforts to establish coalitions that will advocate for the development of affordable housing.
- Activity B: Explore creating a nonprofit organization to develop affordable housing for persons with developmental disabilities.
- Activity C: Disseminate information to service coordinators on how to assist adults to succeed in independent living through increased participation in and access to leisure, social, recreation, exercise, and faith-based activities.
- Activity D: Review living options, including related supports, with consumers at the time of the annual review.
- Activity E: Assist consumers in overcoming architectural barriers through advocacy with support agencies.
- Activity F: Facilitate peer counseling support for people interested in independent living and supported living.
- Activity G: Assist consumers and families to access assistive technology.

4. Outcome: Increase the percentage of adults living in housing facilities for less than 7 people.

- Activity A: Increase individual bedrooms for consumers in residential facilities.
- Activity B: Develop licensed homes for 4 or fewer people.
- Activity C: Advocate for adequate reimbursement rates for services provided to consumers.
- Activity D: Explore developing additional specialty residential facilities for consumers who are elderly and have health care needs.

5. Outcome: Increase the percentage of children living in housing facilities for less than 7 people.

- Activity A: Increase individual bedrooms for consumers in residential facilities.
- Activity B: Develop housing facilities for 4 or more people.
- Activity C: Advocate for adequate reimbursement rates for services provided to consumers.

6. Outcome: Increase percentage of adults in supported and competitive employment.

- Activity A: Educate potential employers about the benefits of hiring people with developmental disabilities in conjunction with service providers and community groups, in Imperial and San Diego counties.
- Activity B: Provide information and training for parents to prepare their children for work.
- Activity C: Collaborate with schools and employers regarding transition services for young adults exiting school programs.
- Activity D: Hire people with developmental disabilities to work at San Diego-Imperial Counties Developmental Services, Inc.
- Activity E: Advocate for improved public transportation.
- Activity F: Develop additional work/day programs for persons with developmental disabilities who are medically fragile and/or have a mental health diagnosis.

7. Outcome: Access to medical and dental services.

- Activity A: Encourage healthy lifestyles and conduct prevention activities including public awareness, early intervention, access to health care and genetic counseling.
- Activity B: Advocate for adequate reimbursement and tax incentives for practitioners, including specialists, to compensate for expertise and increased time required for care.
- Activity C: Identify and recruit additional health care resources, including specialists, therapists and multi-disciplinary assessment resources, to serve people with developmental disabilities.
- Activity D: Continue to facilitate the Memorandum of Understanding (MOU) between SDRC and Healthy San Diego.
- Activity E: Explore the use of a dental coordinator to improve dental care for persons with developmental disabilities.
- Activity F: Collaborate with other service organizations to develop greater access to generic services for persons with developmental disabilities who are aging.

8. Outcome: Reduce number of persons with developmental disabilities who are abused.

- Activity A: Maintain a system to collect data to accurately identify abuse and/or potential abuse.
- Activity B: Maintain a Risk Management, Assessment and Planning Committee.
- Activity C: Participate in Child and Adult Abuse Prevention Roundtables in San Diego and Imperial counties and maintain collaborative relationships with Adult Protective Services and Child Welfare Services.
- Activity D: Continue Peer Review Team to consider/monitor behavior management techniques including psychotropics.
- Activity E: Continue to contract with the Victim's Assistance Support Team (VAST) for people who have been abused, exploited, or victims of crime.
- Activity F: Support self-advocacy councils and conferences for educating consumers regarding abuse prevention.
- Activity G: Provide information and training to consumers regarding abuse prevention.

9. Outcome: Unqualified Independent Audit.

- Activity A: Comply with Generally Accepted Accounting Procedures (GAAP).
- Activity B: Maintain internal accounting controls to facilitate the identification of errors.

10. Outcome: Substantial compliance in the Department of Developmental Services Fiscal Audit.

- Activity A: Conduct a self-assessment utilizing the Department of Developmental Services (DDS) standards for substantial compliance.

11. Outcome: Accurate fiscal projection.

- Activity A: Review and refine strategies to accurately project Purchase of Service (POS) expenditures.

12. Outcome: Operate within OPS budget.

Activity A: Monitor Operations (OPS) expenditures.

Activity B: Adjust OPS expenditures to operate within OPS budget.

13. Outcome: Certified to participate in waiver.

Activity A: Maintain service coordination staff-to-consumer ratios as required by Medicaid Waiver.

Activity B: Add additional consumers to Medicaid Waiver as allowed by DDS.

Activity C: Continue training for SDRC staff and providers regarding Medicaid Waiver requirements.

14. Outcome: Compliance with vendor audit requirements.

Activity A: Implement the vendor audit plan.

Activity B: Provide a summary of vendor audits to DDS in accordance with the contract requirements.

15. Outcome: CDER/ESR Currency.

Activity A: Monitor Client Development Evaluation Reports (CDERs) and Early Start Reports (ESRs) to ensure accurately and timely completion.

Activity B: Provide training for SDRC staff to ensure CDER/ESR accuracy and timeliness.

16. Outcome: Intake/Assessment time lines (ages 0 to 3).

Activity A: Ensure assessment time lines are met.

Activity B: Identify and expand utilization of outside resources.

17. Outcome: Intake assessment time lines (ages 3 and older).

Activity A: Ensure assessment time lines are met.

18. Outcome: Individual Program Plan (IPP) Development.

Activity A: Provide training for SDRC staff regarding the Person-Centered IPP process.

Activity B: Provide information and training to consumers, families and service providers on the Person-Centered IPP processes.

Activity C: Provide training for SDRC staff regarding community resources and ensure that information is provided to consumers and families.

19. Outcome: Individual Family Service Plan (IFSP) Development.

Activity A: Provide training for SDRC staff regarding the family-centered IFSP process with an emphasis on timely provision of services.

Activity B: Provide information to consumers, families and service providers on the Family-Centered IFSP processes.

Activity C: Provide training for SDRC staff regarding community resources and ensure that information is provided to consumers and families.