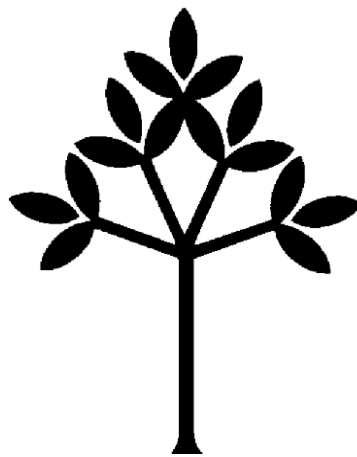


Audio/Video Catalog



COMMUNITY SERVICES LIBRARY

San Diego Regional Center
Community Services Department
4355 Ruffin Road Suite 104
San Diego CA 92123
858-576-2966
www.sdrc.org

REV. October 17, 2011

AUDIO VISUAL CATALOG

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WHO MAY BORROW?

Check-out may be by any person, community agency or organization serving individuals with developmental disabilities or by those who want to learn more about persons with developmental disabilities.

REQUESTING & CHECKING OUT MATERIALS

To reserve VHS/DVDs, call the Community Services Department, 858-576-2966. They are loaned on a first-come, first-serve basis and there is no fee. Check-out period is for one week only. MOST VHS/DVDs IN THE COMMUNITY SERVICES VIDEO LIBRARY ARE SINGLE COPIES. Please return promptly after check-out. VHS/DVDs are to be picked up at, and returned to, the Community Services Department. They cannot be sent through the U.S. Postal Service or circulated outside San Diego and Imperial Counties.

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Please notify the Community Services Department support staff of any problems with VHS/DVDs at the time of return.

NEW ACQUISITIONS

Please call the Community Services Department at 858-576-2966 with your suggestions of DVDs that would enhance our collection.

LISTING BY SUBJECT/TITLE

SUBJECT	TITLE
ABUSE	ABUSE AND NEGLECT CHILDHAVEN FOLLOW-UP STUDY EQUAL JUSTICE FOR PERSONS WITH DD FINANCIAL ABUSE OF SENIORS (THE) CAREGIVER ABUSE/NEGLECT PREVENTION HARRIS (ROBERT) CLEMENCY REPORTING ELDER & DEPENDENT ADULT ABUSE SHAKING, HITTING, SPANKING: WHAT TO DO INSTEAD UNDERSTANDING AND PREVENTING CLIENT ABUSE AND NEGLECT UNFORGOTTEN: 25 YEARS AFTER WILLOWBROOK
ADVOCACY	DISABILITY, IDENTITY & CULTURE LASTING LEADERSHIP SELF-ADVOCACY PROJECT 2000
AGING	AGING AND DEVELOPMENTAL DISABILITY ALZHEIMER: BEHAVIOR ISSUES ALZHEIMER: DAILY LIFE ALZHEIMER: FAMILY CAREGIVING ALZHEIMER: TRANSITIONS ALZHEIMER: UNDERSTANDING ALZHEIMER'S DON'T FALL FOR IT FIRE SAFETY FOR OLDER ADULTS MULTICULTURAL PERSPECTIVES REFLECTIONS IN TIME SAFE STEPS: FALLS PREVENTION FOR SENIORS TIME TO CARE (A): ACTIVITIES OF DAILY LIVING
AIDS	AIDS AWARENESS TEST AIDS: EVOLUTION OF AN EPIDEMIC THIS STUFF COULD SAVE YOUR LIFE
ASSISTIVE TECHNOLOGY	ASSISTIVE TECHNOLOGY AND YOU ENABLE: PEOPLE WITH DISABILITIES WITH COMPUTERS
AUTISM	FIRES OF THE MINDS SERIES: AUTISM NORMAL PEOPLE SCARE ME TEMPLE GRANDIN
BEHAVIOR	NOT JUST BEHAVIOR MODIFICATION PREVENTING BEHAVIORAL CHALLENGES PROACTIVELY SUPPORTING BEHAVIOR UNDERSTANDING BEHAVIOR: BUILDING POSITIVE SUPPORTS

SUBJECT	TITLE
CEREBRAL PALSY	CEREBRAL PALSY: A LIFELONG JOURNEY KING GIMP
CHILD DEVELOPMENT	TALKING TOGETHER
COMMUNICATION	COMMUNICATING WITH PEOPLE WHO ARE NONVERBAL: IN OTHER WORDS
COMMUNITY INTEGRATION	AND THEN CAME JOHN: STORY OF J. MC GOUGH AUGMENTATIVE & ALTERNATIVE COMMUNICATION
COUNSELING	REMEMBERING: THREE PORTRAITS
CRIME	END OF SILENCE SERVING CRIME VICTIMS WITH DISAB: THE TIME IS NOW – MEET US WHERE WE ARE
DEATH & DYING	DEATH OF ONE’S OWN (A) DIFFERENT KIND OF CARE (A) LIVING WITH DYING TIME TO CHANGE (A)
DEVELOPMENTAL DISABILITY (GEN’L)	UNDERSTANDING DEVELOPMENTAL DISABILITIES
DEVELOPMENT CNTR	STORY OF STOCKTON DEVELOPMENTAL CENTER
DIABETES	TAKING CONTROL OF YOUR DIABETES – SEASON 1 TAKING CONTROL OF YOUR DIABETES – SEASON 2
DISASTER PREPAREDNESS	BEFORE THE THREAT: ARE YOU PREPARED? FIRE SAFETY: KEY TO SURVIVAL FIRE SAFETY FOR OLDER ADULTS HOW TO PREPARE FOR EARTHQUAKES MAKE YOURSELF A PROMISE: EARTHQUAKE PREPAREDNESS ON FIRE SURVIVING THE BIG ONE
DOWN SYNDROME	EDUCATING PETER

SUBJECT	TITLE
EDUCA/TRAININ	ATTAIN I: INTERACTIONS THAT TEACH ATTAIN II: INTERVENTION & REDIRECTION BALANCING CHOICE AND RISK CONFIDENTIALITY CONFIDENTIALITY IN A COMMUNITY-BASED SETTING INDIVIDUAL SERVICE PLAN PRINCIPLES & PRACTICES: INSTRUCTIONAL STRATEGIES PRINCIPLES & PRACTICES: AGE APPROPRIATENESS–ACHIEVING ADULT STATUS SPIRIT OF LEADERSHIP (THE) SSI, ADOPTIONS ASSISTANCE PROGRAM, IHSS SUCCESS SELF-PROGRAMMING TEACHING: CHOICE AND SKILL DEVELOPMENT TEACHING PEOPLE WITH DEVELOPMENTAL DISABILITIES WORKING W/FAMILIES
EMPLOYMENT	INTERVIEWING JOB APPLICANTS WITH DISABILITIES PARTNERSHIP FOR SUCCESS REAL WORK RICE AND ROSES...PEOPLE HELPING PEOPLE SCHOOL TO WORK TRANSITION PLANNING STEADY, WILLING AND ABLE SUPPORTED EMPLOYMENT: A NEW DAY DAWNING SUPPORTED EMPLOYMENT: A PARTNERSHIP FOR SUCCESS UNLOCKING DOORS: SUPPORTED EMPLOYMENT FOR CALIFORNIA
END OF LIFE	DEATH AND DYING: SAYING GOODBYE THINKING AHEAD: MY WAY, MY CHOICE, MY LIFE AT THE END
EPILEPSY	EPILEPSY 101 EPILEPSY: HAVING A LIFE EPILEPSY: THE STORM WITHIN EPILEPSY IN CHILDREN: A PRIMARY CARE PERSPECTIVE EPILEPSY IN THE TEEN YEARS HOW MEDICINES WORK LIVING WITH EPILEPSY SEIZURE FIRST AID UNDERSTANDING COMPLEX PARTIAL SEIZURES UNDERSTANDING SEIZURES AND EPILEPSY UNDERSTANDING SEIZURE DISORDERS
FRAGILE X	DILLON IS DIFFERENT: FRAGILE X SYNDROME EDUCATIONAL ISSUES & STRATEGIES FOR CHILD W/FRAGILE X FACES OF FRAGILE X FRAGILE X SYNDROME - DX & TX SERIES
GRANDPARENTS	ADDRESSING CHALLENGING BEHAVIORS SUPPORTING INFANT/TODDLER SOCIAL-EMOTIONAL DEVELOPMENT

SUBJECT	TITLE
HEALTH	CHALLENGE OF OSTEOPOROSIS FOR PEOPLE WITH DISABILITIES (THE) CREATING A CLEAN AND HEALTHY HOME DAILY LIVING SKILLS SERIES DIABETES: INTRODUCTION–THE GAME PLAN DIABETES AND NUTRITION: EATING FOR HEALTH DIABETES: BASIC SKILLS FOR CONTROLLING DIET AND DISEASE IN MODERN SOCIETY ENHANCING MEALTIME EXPERIENCES EXERCISE AND NUTRITION CONNECTION FOOD BORNE ILLNESSES FOOD GUIDE PYRAMID (THE) FOOD SAFETY HAND WASHING & GLOVING TECHNIQUES HAND WASHING CLOSE UP HEALTH CARE BODY OBSERVATIONS HIDE & SEEK KITCHEN: FOOD-BORNE ILLNESSES KITCHEN: FOOD SAFETY KITCHEN: SAFETY ESSENTIALS LEARN NUTRITION OBSERVING FOR SIGNS & SYMPTOMS OF ILLNESS PERSONAL HYGIENE TRAINING READ THE FOOD LABEL SAFE FOOD HANDLING: PREVENTING FOOD BORNE ILLNESS SEVEN MOST POPULAR NUTRITION MYTHS SIT AND BE FIT: ALL AMERICAN WORKOUT SMART SUPERMARKET SHOPPING WELLNESS IS CATCHING SERIES
INCLUSION	ABANDONED TO THEIR FATE CHILDREN OF GAIA: LIVING WITH PHYSICAL CHALLENGES DISABILITY ETIQUETTE DONNA & RICARDO EFFECTIVE TEACHING WITHIN COMMUNITY SETTINGS MAXIMIZING USE OF THE COMMUNITY STARTING POINT: CHILDREN ARE CHILDREN 1 ST STORIES FROM THE COMMUNITY SUCCESSFUL COMMUNITY LIVING: STORIES OF PEOPLE WITH DISABILITIES TOGETHER WE GROW: CHAMPIONS OF INDUSTRY WAY TO GO WHERE’S MOLLY? WITH A LITTLE HELP FROM MY FRIENDS WITHOUT PITY: A FILM ABOUT ABILITIES
INDEPENDENCE	FRED’S STORY TEACHING COMMUNITY SKILLS WORKING FOR INDEPENDENCE
INFECTION CONTROL	BREAK THE CHAIN

SUBJECT	TITLE
MEDICAL CARE	BLEEDING AND SOFT TISSUE INJURIES DON'T FALL FOR IT! EMERGENCY 911 FIRST AID TEST (THE) HEAD & SPINAL INJURIES, AND MUSCLE BONE & JOINT INJURIES HEALTHY SMILES FOR CHILDREN WITH SPECIAL NEEDS HOME CARE COMPANION-FALL PREVENTION HOME CARE COMPANION-INFECTON CONTROL HOME CARE COMPANION-WHEELCHAIR HOME CARE COMPANION-MEDICATIONS MAKING SENSE OF STANDARD PRECAUTIONS MALPRACTICE RISK: HYDRATION NUTRITION MEDICAL CONDITIONS AND POISONING MEDICATION SIDE EFFECTS (PART I & II) MULTIPLE MEDS OVERCOMING OBSTACLES TO DENTAL HEALTH POSITIONING, TURNING AND TRANSFERRING SELF-ADMINISTRATION OF MEDICATIONS TAKE A LOAD OFF YOUR HEART TECHNOLOGY DEPENDENT CHILDREN: LIVING W/MIRACLE UNIVERSAL PRECAUTIONS: A BASIC APPROACH YOUR COMPLETE CPR GUIDE YOUR SMILE: DENTAL CARE FOR CHILDREN WITH CP
MENTAL HEALTH	CRITICAL CROSSROAD (THE) DEMENTIA IN DD FIRES OF THE MINDS SERIES: ANXIETY DEPRESSION AND MANIA SCHIZOPHRENIA I'M STILL HERE: THE TRUTH ABOUT SCHIZOPHRENIA POST TRAUMATIC STRESS DISORDER
MENTAL RETARDATION	INTRO TO MENTAL RETARDATION
MOBILITY	OVERCOMING PROBLEMS OF LOCOMOTION
NORMALIZATION	FINDING A WAY (DIS)ABILITY AWARENESS RIGHTS, CHOICES AND YOU UNIVERSAL ENHANCEMENT: SUPPORTING PEOPLE IN HAVING A LIFE
ORAL HYGIENE	GREAT GUMS, TOUGH TEETH HOW TO BRUSH THE TEETH OF ANOTHER PERSON ORAL CARE TRAINING PROGRAM ORAL HEALTH ASSESSMENT OF NURSING HOME RESIDENTS TREATING PEOPLE WITH DISABILITIES

SUBJECT	TITLE
PARENTS	CONSUMERS AS PARENTS EQUAL PARTNERS: AFRICAN-AMERICAN FATHERS/SYSTEMS OF HEALTH CARE INVOLVING FAMILIES AND GUARDIANS LOST DREAMS AND GROWTH CHILDREN WITH A DISABILITY SPECIAL KIDS, SPECIAL DADS STRENGTHENING FAMILY TIES 24/7 WHAT DOES A PARENT SAY
PERSON-CENTERED	PERSON-CENTERED LIVING OPTIONS: P-C Planning PERSON-CENTERED LIVING OPTIONS: Supported Living PERSON-CENTERED PLANNING: BUILDING PARTNERSHIPS
PKU	PKU DIET
PREVENTION	BREAST SELF-EXAMINATION DON'T FALL FOR IT! SUDDEN INFANT DEATH SYNDROME SUN SAFETY: A GROWING HEALTH CONCERN
PUBLIC AWARENESS	LAW ENFORCEMENT AWARENESS OF DISABILITIES LAW ENFORCEMENT AWARENESS OF DISABILITIES - VIDEO SCENARIOS LET THE MIRACLE BEGIN PEOPLE FIRST - SHORT VERSION POLICE INTERACTION W/PERSONS WHO HAVE DISABILITIES REAL PEOPLE: DISABILITY RECONSIDERED RIDING THE BUS WITH MY SISTER SERVING THE FAMILY: SPECIAL EDUCATION CULTURAL COMPETENCE TRNG SHARON'S STORY...AN ARTIST'S LIFE TEN COMMANDMENTS OF COMMUNICATING WITH PEOPLE WITH DISABILITIES WE ARE PEOPLE FIRST
REGIONAL CENTER	HOW FAR WE'VE COME: THE JOURNEY TOWARD THE LANTERMAN VISION PARTNERS IN LIFELONG SUPPORT REGIONAL CENTERS SAN DIEGO REGIONAL CENTER: YOUR PARTNER FOR SUCCESS WE'RE HERE TO SPEAK FOR JUSTICE
RIGHTS	HUMAN RIGHTS: HONORING TO ADVOCACY UNEQUAL JUSTICE: THE CASE FOR JOHNNY LEE WILSON UNFORGOTTEN: 25 YEARS AFTER WILLOBROOK

SUBJECT	TITLE
SAFETY AWARENESS	ALCOHOLISM IN THE WORKPLACE
	ARRANGING YOUR WORKSTATION TO FIT YOU
	BURNING ISSUE: IS YOUR FAMILY SAFE?
	CAUSES & EFFECTS OF CARPAL TUNNEL SYNDROME
	EARTHQUAKE SAFETY
	ERGONOMICS FOR EMPLOYEES
	EXERCISES AT YOUR WORKSTATION
	FIRE IS...
	FIRE SAFETY FOR OLDER ADULTS
	FIRE SAFETY TRAINING
	HOME SAFE HOME
	HOME SAFETY: PREVENTION, PREPARATION, AND PRACTICE
	KAREN AFTER THE EARTHQUAKE
	MAKE YOUR HOME A SAFE HAVEN
	REDUCING UNSAFE ACTS OF OFFICE EMPLOYEES
	SAFE AND STRONG
	SAFE OPERATIONS OF MOTOR VEHICLES
	SAFETY ORIENTATION IN OFFICE ENVIRONMENTS
	STRESS RELIEF
	TEACHING BASIC SAFETY SKILLS
VIDEO DISPLAY TERMINAL SAFETY	
WHEELCHAIR MAINTENANCE	
WHOSE PROBLEM IS IT ANYWAY?	
SELF-DETERMINATION	KIDS & COMMUNITY—CONNECT FOR THE FUTURE
	MY LIFE MY WAY—CHRIS'S STORY
	MY LIFE MY WAY—SD PILOT PROJECT
	SUCCESSFUL COMMUNITIES—EVERYONE VALUED
SEXUALITY	ETHICS OF TOUCH
	LEARNING TO TALK ABOUT SEX WHEN YOU'D RATHER NOT
	MAKING RESPONSIBLE DECISIONS
	PERSON TO PERSON
	RELATIONSHIPS AND INTIMACY
SEXUALITY AND PEOPLE WITH DISABILITIES	
SIBLING ISSUES	PYRAMID PROJECT
	WHAT ABOUT ME?
SOCIALIZATION	BEING WITH PEOPLE
	DEVELOPING FRIENDSHIPS
SUBSTANCE ABUSE	ADDICTION: CHEMICAL & BEHAVIORAL
TRANSPORTATION	CAN'T STOP US NOW!
TUBERCULOSIS	ON THE LAKE
	TUBERCOLOSIS: AWARENESS AND TREATMENT

VIDEOS/DVDS ARE IN ENGLISH UNLESS OTHERWISE NOTED

<u>CE</u>	<u>DVD#</u>	<u>VHS#</u>	<u>ADDED</u>	<u>TITLE (“X” – CE hours approved for residential careproviders only)</u>
X	6475A 6475B 6475C	1416A	10/2003	<u>ABANDONED TO THEIR FATE–1997, 30 min.</u> This video focuses on the moral, aesthetic and economic policies that shaped the lives of people with disabilities from the middle ages through the 20 th century.
X	6464A 6464B	6465	02/2008	<u>ABUSE AND NEGLECT—2006, 33 min.</u> Statistics suggest that people with developmental disabilities are up to 10 times more likely to be victims of abuse or neglect than are people without developmental disabilities. It is important that as a worker in this field you know how to prevent abuse, recognize the signs, report any suspicions and assist the victim of abuse and neglect.
X	6460		01/2008	<u>ADDICTION: CHEMICAL & BEHAVIORAL—undated, 21 min.</u> Overview of the basic principles of addiction. As well as covering the traditional addictions to drugs and alcohol, it also shows how gambling and certain eating habits also represent addiction. Examples are given that represent all age groups.
			02/2007	<u>ADDRESSING CHALLENGING BEHAVIORS-2004, 31 min.</u> VHS #6378 – English VHS #6379 - Spanish A project of the Infant Development Association of California, this video provides a framework for grandparents and caregivers to understand and manage challenging behaviors. The framework emphasizes the importance of viewing behavior as communication, and within the caregiver-child relationship.
X		1422	n/a	<u>AGING AND DEVELOPMENTAL DISABILITY–1992, 20 min.</u> This video is in a lecture format addressing the aging process and similarities and differences for persons with developmental disabilities.
X		1423	n/a	<u>AIDS AWARENESS TEST (THE NATIONAL)–120 min.</u> The two-hour television special features 55-question “test format”. Answers based on latest medical research.
	6500A		04/2011	<u>AIDS: EVOLUTION OF AN EPIDEMIC—2008; 240 min</u> 2-Disc Set: Two leading AIDS researchers discuss the latest findings on HIV and advances in the fight against a global epidemic.
		1533	n/a	<u>ALCOHOLISM IN THE WORKPLACE–1997, 8 min.</u> Brief description of symptoms of alcoholism in the workplace and what to look for.

<u>CE</u>	<u>DVD#</u>	<u>VHS#</u>	<u>ADDED</u>	<u>TITLE ("X" – CE hours approved for residential careproviders only)</u>
X	3065A 3065B 3065C	3064A 3064B 3064C	06/2005	<u>ALZHEIMER: BEHAVIOR ISSUES–2004; 67 min</u> How Alzheimer’s affects our perception of reality; Common symptoms – including agitation, hallucinations, sleeplessness and sundowning, wandering and incontinence; Redirection and “fiblets” as strategies for dealing with Alzheimer’s-related behaviors.
X	6478A		02/2009	<u>ALZHEIMER: DAILY LIFE–2004; 42 min</u> Teaches you how to help your loved one live at home as successfully as possible for as long as possible. You’ll learn how to understand and interact with the altered world of an Alzheimer’s sufferer.
X	6479A		02/2009	<u>ALZHEIMER: FAMILY CAREGIVING–2004; 62 min</u> Shows you how to handle the daily responsibility of caring for a loved one, and how to get the help that can be critical for safeguarding your own health. You’ll learn both practical strategies and important perspectives.
X	6480A		02/2009	<u>ALZHEIMER: TRANSITIONS–2004; 44 min</u> Helps you and your loved one make a difficult adjustment to a new environment in the late stage of the disease. You’ll learn both practical strategies and important perspectives.
X	2997A 2997B 2997C 2997D 2997E	2996A 2996B 2996C	05/2005	<u>ALZHEIMER: UNDERSTANDING ALZHEIMER’S–2004; 62 min</u> Recognizing symptoms; Making an early, accurate diagnosis; What to expect during the various stages of the disease; How Alzheimer’s affects the brain.
X		1432	n/a	<u>AND THEN CAME JOHN–36 min</u> Chronicles triumphant life story of John McGough - from his birth with Down Syndrome to his rebirth as a loved personality in a small Northern California town.
		1530	n/a	<u>ARRANGING YOUR WORKSTATION TO FIT YOU–1992, 8 min</u> Clear illustrations of the proper methods of sitting at your desk to arranging your desk for optimum work and time management.
X			n/a	<u>ASSISTIVE TECHNOLOGY AND YOU–2002</u> Protection & Advocacy, Inc., video series about assistive technology (canes to prosthetics to speech devices and computers)–what it is and how people can access needed equipment and services throughout the State of California. 1424-VHS: Latino community (CC in English); 23 min 1425-VHS: Asian Pacific Islanders community (CC in English); 14 min 1426-VHS: African Americans community (CC in English); 29 min

<u>CE</u>	<u>DVD#</u>	<u>VHS#</u>	<u>ADDED</u>	<u>TITLE ("X" – CE hours approved for residential careproviders only)</u>
X		1772	07/2003	<u>ATTAIN I: INTERACTIONS THAT TEACH—8/1993, 29 min</u> The ATTAIN Project is a comprehensive program of video instruction, observation, and practice for building active treatment competencies among direct support staff.
X		1773	07/2003	<u>ATTAIN II: INTERVENTION & REDIRECTION—12/1994, 44 min</u> The ATTAIN Project is a comprehensive program of video instruction, observation, and practice for building active treatment competencies among direct support staff.
		1529	n/a	<u>AUGMENTATIVE AND ALTERNATIVE COMMUNICATION—22 min, 2000</u> Overview of AAC, and the considerations that should be made in choosing an AAC system for an individual.
X	6499A		04/2011	<u>BALANCING CHOICE AND RISK—32 min; 2007</u> In the field of developmental disabilities, everyone is talking and writing about the importance of empowering the people we support to make choices and decisions that establish the life they desire. This is a vital part of everyone’s life. We all want to have control over what our lives are like. On the other hand, as service providers, we are required by regulations and good practices to ensure the health and safety of the people we support. So, how do we as service providers meet the demands of health and safety while still ensuring that the choices people are making are valued and honored?
X	6491A 6491B 6491C		05/2010	<u>BEFORE THE THREAT—23 min; 2009</u> Produced to address the San Diego region about fire hazards and steps residents can take to mitigate risks on their properties. The DVD is subtitled in Spanish.

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X			n/a	<u>BEING WITH PEOPLE–1990</u>
		1493		<u>Part 1A: "Being with Friends" – 26 min</u> - Discusses why we need friends, approachability basics, complaining vs. agreeable friends, demanding vs. compromising friends, possessive vs. non-possessive friends.
		N/A		<u>Part 1B: "Being with Friends" 25 min</u> - PART 1B NO LONGER AVAILABLE
		1495		<u>Part 2A: "Being with a Date" – 23 min</u> - Discusses asking for a date, planning a date, keeping agreements, responding to an invitation, making arrangements, changing plans, grooming, meeting parents/roommates.
		1496		<u>Part 2B: "Being with a Date" – 23 min</u> - Discusses the first date, eating out, ordering food, listening, showing consideration, paying the bill, appropriate touch and saying "no".
		1497		<u>Part 3A: "Being with Housemates" – 16 min</u> - Discusses responsibilities, sharing duties, assigning chores, keeping contracts.
		1498		<u>Part 3B: "Being with Housemates" – 15 min</u> - Discusses caring for common areas, sharing space, sharing the telephone, privacy, borrowing, sharing expenses, showing appreciation.
		1499		<u>Part 4A: "Being with Authority Figures" – 22 min</u> - Discusses authority figures such as policeman, teacher, boss, showing respect, accepting directives and "no". Also talks about how to appeal to higher authority.
		1500		<u>Part 4B: "Being with Authority Figures" – 22 min</u> - Discusses differences between acquaintance and friend, keeping social distance, manners with strangers, and self-protection strategies with strangers.
X	6340		09/2006	<u>BLEEDING AND SOFT TISSUE INJURIES–30 min, 2004</u> Various emergencies that may arise at home, work, or play. Provides the viewer with basic knowledge and skills required to recognize and treat injuries such as major internal and external bleeding, shock, and soft tissue injuries such as cuts, bruises, burns and frostbite.
X	6493A 6493B		07/2010	<u>BREAK THE CHAIN–26 min, 2008</u> Your role in preventing the spread of infection. What infections are and how they spread. What every employee needs to know. Discussion supplements for: home health and hospice care; home care; long term care and assisted living. Includes Presenter's Guide.
		1528	n/a	<u>BREAST SELF-EXAMINATION–7 min, 1995</u> Video on how to do a breast self-examination.
X	6359A 6359B		12/2006	<u>BURNING ISSUE: Is Your Family Safe?–2005, 21 min.</u> Walks viewers through the simple steps they can take to make their homes safer from fire. Covers: fire prevention; home smoke alarm protection and fire escape planning; automatic fire sprinkler systems.

<u>CE</u>	<u>DVD#</u>	<u>VHS#</u>	<u>ADDED</u>	<u>TITLE ("X" – CE hours approved for residential careproviders only)</u>
X		1431	n/a	<u>CAN'T STOP US NOW!–14 min</u> Discusses travel (bus) training. Addresses parental concerns and the benefits for consumers who successfully complete travel training.
	6481A 6481B 6481C 6481D 6481E		02/2009	<u>CAREGIVER ABUSE/NEGLECT PREVENTION—date n/a; length n/a</u> The primary goal of the training is to reduce the incidence of abuse, neglect and misappropriation. It is designed for direct caregivers and managers in nursing homes, long-term care hospitals, facilities serving people with developmental disabilities, hospices, home health agencies, community-based residential facilities, and personal care worker agencies. 2 DVD's and 1 CD training package.
		1539	n/a	<u>CAUSES & EFFECTS OF CARPAL TUNNEL SYNDROME–10 min</u> Clear illustrations of the proper methods of sitting at your desk to arranging your desk for optimum work and time management.
X		2927	n/a	<u>CEREBRAL PALSY: A LIFELONG JOURNEY–88 min; 1996</u> Part 1: Understanding Cerebral Palsy (22 min); Part 2: Infancy and Early Childhood (22 min); Part 3: The Adolescent & Young Adult (22 min); Part 4: The Middle Years and Beyond (22 min).
X		1430	n/a	<u>CHALLENGE OF OSTEOPOROSIS FOR PEOPLE WITH DISABILITIES (THE)–15 min; 2000</u> A look at risk factors and prevention.
	6416A 6416B		04/2007	<u>CHILDHAVEN FOLLOW-UP STUDY—1999; 12 min.</u> Childhaven is a therapeutic childcare program designed for treatment of children who have suffered severe abuse. Believing the maltreatment, abuse and neglect creates children and adults who maltreat others in the forms of violence and crime. This follow-up study shows the results of this pilot program which shows that various therapies, nurturing, attention, interest, and socialization changes family dynamics and impacts the life of the child.
	2398	2399	11/2004	<u>CHILDREN OF GAIA: LIVING WITH PHYSICAL CHALLENGES–50 min.; 8/29/2001</u> Explores the implications and effects of extreme physical challenges. A comprehensive and balanced picture of those whose lives have been altered by undeveloped limbs, facial disfigurement, or dwarfism. Also addresses growing likelihood that prenatal testing and advances in gene technology may make the current generation of those with physical challenges the last.
X	6248	6247	09/2005	<u>COMMUNICATING WITH PEOPLE WHO ARE NONVERBAL: IN OTHER WORDS–14 min, 11/30/04</u> Communicating with people who are nonverbal.
X		1427	n/a	<u>CONFIDENTIALITY IN A COMMUNITY BASED SETTING—16 min., 6/98</u> Addresses general roles of confidentiality related consumers and co-workers.

<u>CE</u>	<u>DVD#</u>	<u>VHS#</u>	<u>ADDED</u>	<u>TITLE ("X" – CE hours approved for residential careproviders only)</u>
X	6485A 6485B 6485C	6338	09/2006	<u>CREATING A CLEAN AND HEALTHY HOME –28 min, 2004</u> Learn about health hazards in the home and get practical tips for keeping the home clean and healthy.
X		1435	n/a	<u>CRITICAL CROSSROAD (THE)–1998, 65 min</u> This video addresses mental health problems in people with disabilities.
X			09/2003	<u>DAILY LIVING SKILLS SERIES–2001</u> 1511-VHS / 6447-DVD Bathing and Showering: 21 min 1508-VHS / 6448-DVD Bathroom Assistance: 12 min 1507-VHS / 6452-DVD Documentation: 10 min 1509-VHS / 6451-DVD Feminine Hygiene: 11 min 1523-VHS / 6453-DVD Handwashing: 8 min 1512-VHS / 6446-DVD Nail Care: 7 min 1510-VHS / 6449-DVD Oral Hygiene: 13 min 1514-VHS / 6444-DVD Personal Appearance Assessment: 10 min 1506-VHS / 6445-DVD Shampooing: 13 min 1513-VHS / 6450-DVD Shaving: 14 min Consumers and staff are depicted in videos, portraying a more realistic idea of the steps needed to accomplish daily living tasks. Learner’s Packet Included.
X	6458	6459	11/2007	<u>DEATH AND DYING: SAYING GOODBYE—2006; 27 min</u> This program provides you with the tools you need to help the people you support accept the deaths of family, friends and housemates, as well as their own inevitable passing. These tools also assist staff as they deal with the reality of someone's death.
X	6409		03/2007	<u>DEATH OF ONE’S OWN, A—2006; 87 min.</u> Veteran PBS journalist Bill Moyers reports on the growing movement in America to improve care for people who are dying. Using interviews and research from across the country, this DVD describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life's ultimate rite of passage with compassion and comfort.
X		1774	11/2003	<u>DEMENTIA IN DEVELOPMENTAL DISABILITIES: AN INTRODUCTION FOR DIRECT SUPPORT STAFF–18 min; 2001</u> Defines dementia and gives some examples of how dementia manifests itself. Talks about the relationship between dementia and developmental disabilities. Discusses some ways staff can deal with the behaviors associated with dementia.
X		1434	n/a	<u>DEVELOPING FRIENDSHIPS–50 min; 1998</u> Provides information for staff to assist consumers in developing friendships. Objectives define friendships, explains the importance of friendships, what friends do, and list factors that can hinder friendship development.

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X		1436	n/a	<u>DIABETES: INTRODUCTION–THE GAME PLAN–12:25 min; 1994</u> A positive approach to managing diabetes through lifestyle changes–better nutrition, daily medication, regular exercise, and monitoring blood sugar levels. Viewers will learn what diabetes is–the symptoms and the complications–and find out how to keep it in control, reduce fears and depression, and enjoy life.
X		1437	n/a	<u>DIABETES AND NUTRITION: EATING FOR HEALTH–10 min; 1994</u> Explains the healthy food choices and modified eating habits that are important for a person with diabetes. Viewers will understand the importance of limiting high fat and sugary foods. Viewers will find out how to work with a diabetes educator who is a dietitian to develop a personal meal plan based on medical history, medication, weight loss needs, and food preferences.
X		1438	n/a	<u>DIABETES: BASIC SKILLS FOR CONTROLLING–11:40 min; 1996</u> Introduces recently diagnosed patients to the survival skills they will need to put into action right away: making healthy food choices, taking medication, and monitoring. Regular exercise is also briefly discussed as a way to improve overall health.
X	6250	6249	09/2005	<u>DIET AND DISEASE IN MODERN SOCIETY–36 min, 2004</u> This video investigates the relationship between diet and a number of frequently interrelated diseases and conditions, including heart attacks, stroke, high blood pressure, hardening of the arteries, obesity, Type 2 diabetes, and cancer.
X	6408		03/2007	<u>DIFFERENT KIND OF CARE, A–2006; 87 min.</u> Veteran PBS journalist Bill Moyers reports on the growing movement in America to improve care for people who are dying. Using interviews and research from across the country, this DVD describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life's ultimate rite of passage with compassion and comfort.
		1545	09/2003	<u>DILLON IS DIFFERENT: FRAGILE X SYNDROME, 22 min, 2002</u> An ABC News Nightline broadcast of 9/27/2002...Through anecdotes, Dillon's family members describe aspects of his behavior, the ostracism he faces, and the time when they went to his school to explain to his peers why he is different.
X		1440	n/a	<u>DISABILITY AWARENESS–25 min, 1993</u> This video portrays individuals with visual, hearing, developmental and physical disabilities. It gives the viewer suggestions on appropriate interactions, communication, and other ways to help meet their needs.

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X		6499A	05/2011	<u>DISABILITY ETIQUETTE–17 min, 2009</u> Whether someone you know has a physical or intellectual disability, how you refer to them can impact their dignity and the perception others have of them. Our actions, as well, can portray either respect or a lack thereof. <i>Disability Etiquette</i> examines common situations where words and actions can positively or negatively impact how people feel and how others see them.
X		1692	n/a	<u>DISABILITY, IDENTITY & CULTURE–23 min; 2000</u> This video addresses self-advocacy and disability. It is an effective and accessible medium for reaching wide audiences of different learning abilities.
		1478	n/a	<u>DONNA & RICARDO–13 min</u> An inspiring story from CBS 60 Minutes II about a disabled couple who leaves an institution and move into the community.
X	6463A 6463B		02/2008	<u>DON'T FALL FOR IT: SENIOR FALL & INJURY PREVENTION-2006</u> SHORT VERSION (10 min): Provides a brief overview of the problem, common risk factors and simple steps anyone can take to lower their risk of falling. LONG VERSION (28 min): Describes the above information in more detail and highlights the personal stories of three elderly individuals.
		1479	n/a	<u>EARTHQUAKE SAFETY–1997, 12 min.</u> Common sense approach to earthquake safety.
		1550	n/a	<u>EDUCATING PETER–30 min; 1992</u> "Educating Peter" is the Academy Award®-winning story of one child with Down syndrome and his classmates as they test the limits of a classroom in which all students learn together.
		1549	n/a	<u>EDUCATIONAL ISSUES AND STRATEGIES FOR CHILDREN WITH FRAGILE X SYNDROME–60 min; 1994</u> An overview of Fragile X and its history, as well as, successful interventions for children with Fragile X.
X		1439	05/2004	<u>EFFECTIVE TEACHING WITHIN COMMUNITY SETTINGS–47 min., 2001</u> Great tape for line staff and consumers to view together or as an in-service for line staff. The tape discusses community accessing, BEST teaching methods, community integration, natural supports and much more.

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X	6476A	(none)	01/2009	<u>EMERGENCY 9-1-1—25 min., 2007</u> This program helps viewers prepare for a crisis, providing detailed information on when to call 9-1-1, how best to speak with the dispatcher, what to do while waiting for an ambulance, and what to expect upon arrival at the ER. This program also reenacts a real-world situation in which an elderly man fell in his home and was unable to reach a telephone. Viewers will gain a better understanding of how seniors and other vulnerable individuals should prepare for medical emergencies.
	6430A (CD)	6429A	08/2007	<u>ENABLE: PEOPLE WITH DISABILITIES AND COMPUTERS—45 min; 1999</u> An award-winning video that illustrates how people with disabilities use assistive devices and computers in all aspects of their lives. This VHS contains two versions. The second version, which immediately follows the first, contains descriptive narration.
		6483A	02/2009	<u>END THE SILENCE—7 min; date n/a</u> A video about self-advocates speaking out about their personal experiences as victims of crime. By sharing their stories, the participants put a face on this difficult issue and challenge professionals to improve supports to crime victims with disabilities.
X	6487A		07/2009	<u>ENHANCING MEALTIME EXPERIENCES—21 min; 2008</u> Mealtime matters to almost everyone. Just thinking about a favorite food can make us eager to eat. Part of the enjoyment of mealtime is the aroma of the food cooking and seeing it on your plate. Mealtime can have a positive effect, so it is important that you do not look at mealtime as a time to rush people or a time just to get people fed. It should be an experience that will enhance a person's quality of life, not only for its nutritional value, but for the interaction it promotes.
X	6489A 6489B 6489C		05/2010	<u>EPILEPSY 101—12 min; 2009</u> Provides basic information for people who have been diagnosed with epilepsy (recurring seizures). The video describes the four major treatment options and through interviews with patients and physicians offers tips on how to limit epilepsy's effects on people's lives.
X	2993	2992	05/2005	<u>EPILEPSY: Having a Life—2004; 28 min</u> This program follows four people with the disease who have taken control of their lives. Doctors explain how to recognize a seizure, provide tips to ensure a seizure treatment plan, and describe seizure first aid.
X	2375	1735	05/2004	<u>EPILEPSY: THE STORM WITHIN—1995; 27 min.</u> Through interviews with medical professionals and people who have seizures, this program gives an excellent overview of epilepsy. It covers causes, treatments, and the effects of epileptic related seizures.

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X		1441	n/a	<u>EPILEPSY IN CHILDREN: A PRIMARY CARE PERSPECTIVE–23 min; 1989</u> Interview format between 3 doctors who are the leading physicians in the study of epilepsy and seizures. Video discusses four main topics: seizures-vs-epilepsy; levels of diagnosis; recognition of seizures; and approach to management.
X		1442	n/a	<u>EPILEPSY IN THE TEEN YEARS–12 min; 1991</u> Four teenagers with epilepsy discuss issues of special importance of them including school, sports, friends and driving.
X		1519	n/a	<u>EQUAL JUSTICE FOR PERSONS WITH DD–75 min; 2001</u> Criminal Justice Conference: <u>Dr. Joan Petersilia</u> , Professor of Criminology UC Irvine, presents her keynote address on “When Justice Sleeps: Violence and Abuse Against the Developmentally Disabled”. She describes the problem and discusses prevention and intervention. A workbook is available (This video is available in resource rooms in outreach offices for checkout.)
X		1518	n/a	<u>EQUAL JUSTICE FOR PERSONS WITH DD–120 min; 2001</u> Criminal Justice Conference: <u>Laura Rogers</u> , senior attorney , APRI’s National Center for Prosecution of Child Abuse, presents her keynote address on “Prosecuting allegations of abuse when the victim has a developmental disability, challenges and strategies for successful prosecution and protection”. A workbook is available. (This video is available in resource rooms in outreach offices for checkout.)
		6319	07/2006	<u>EQUAL PARTNERS: AFRICAN-AMERICAN FATHERS & SYSTEMS OF HEALTH CARE–26 min; 1996</u> Vividly demonstrates that men have feelings, men can cry, and most of all, that African American men can be great, caring dads and effective advocates for their children with special health care needs.
		1551	n/a	<u>ERGONOMICS FOR EMPLOYEES–15 min</u> Clear illustrations of the proper methods of sitting at your desk to arranging your desk for optimum work and time management.
X			n/a	<u>ETHICS OF TOUCH–2-tape set; 128 min; 1998</u> VHS #1520 – Part 1 VHS #2942 – Part 2 Looks at the delicate issue of touch. Those who provide direct care to people with developmental disabilities are often asked to be in private places performing intimate services. From bathing to toileting to dressing, we are necessarily in close proximity to those we serve. Given this situation, it is imperative that staff be aware of how to provide these services while maintaining appropriate professional boundaries.

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X	2396	2397	11/2004	<u>EXERCISE AND NUTRITION CONNECTION–1996; 27 min.</u> Explores nutrition, exercise, and your metabolism, as they are integrated into your daily routine for a healthy lifestyle. An explanation of metabolism, along with nutritional requirements for your physical type, are combined with basic exercise and fitness tips to keep you in top form for the active lifestyle you lead.
		1552	n/a	<u>EXERCISES AT YOUR WORKSTATION–10 min, 1992</u> Clear illustrations of the proper methods of sitting at your desk to arranging your desk for optimum work and time management.
X	6360	6361	12/2006	<u>FACES OF FRAGILE X—2000; 17 min.</u> An introduction for teachers, therapists and others who work with children affected by Fragile X Syndrome.
	6367		12/2006	<u>FINANCIAL ABUSE OF SENIORS (THE)—2005; 17 min.</u> Produced to educate seniors, friends and family members about senior financial abuse and how not to become a victim. Features interviews with elder abuse experts who provide insight into today's most common scams, valuable prevention tips and information about how to recognize and how to report financial abuse.
X		1444	n/a	<u>FINDING A WAY–1999, 28 min</u> This video shows viewers that people with disabilities are more like us than ever imagined. It introduces viewers to a wide variety of people with disabilities.
X	6492A 6492B 6492C		07/2010	<u>FIRE IS...–2005, 84 min</u> Fire is black. Fire is hot. Fire is fast. Fire is smoke and gas. Fire is emergency. The FIRE IS series by stories covered by television reporters and the lessons taught by fire volunteers and professionals. FIRE IS employs a straight-talking realistic approach. It is a serious tool for parents, teachers, and fire administrators.
X		1476	07/2003	<u>FIRE SAFETY: KEY TO SURVIVAL–2002, 20 min</u> Many of the fire prevention techniques discussed in this video are simple, everyday things that can be done around your home or workplace that will go a long way in preventing a fire.
X	6503A		07/2011	<u>FIRE SAFETY: FOR OLDER ADULTS–2006, 15 min</u> Fire safety for older adults. www.homesafetycouncil.org
X		1754	05/2004	<u>FIRE SAFETY TRAINING–28 min; 2003</u> Knowing how to prevent fires and being fully prepared is the obligation of every staff of every residential care facility. This fire safety training video and curriculum is designed to give your staff a basic overview of fire prevention and what they can do if a fire occurs.

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X			07/2003	<u>FIRES OF THE MIND SERIES–2001, 50 min each</u> 2414-VHS Anxiety Disorders 2370-VHS Depression & Mania 1751-VHS Schizophrenia These videos unravel the mysteries of the disorders of the mind, with episodes that each focus on a different malady. Combining compelling patient and family profiles and commentary from scientific experts in the field, these videos are both educational and emotionally moving.
X		1515	09/2003	<u>FIRST-AID TEST (THE)–19 min; 1993</u> Shows some common safety hazards in the home, explains some common accidental injuries, offers suggestions on accident prevention, and stresses the importance of knowing how to perform emergency procedures to help accident victims. Concludes with a safety quiz.
		1563	n/a	<u>FOOD BORNE ILLNESSES–1996, 30 min</u> This video teaches proper procedures for food handling and symptoms of food-borne illnesses such as Salmonella and E.Coli.
X		1445	n/a	<u>FOOD GUIDE PYRAMID (THE)–30 min., 1993</u> This video highlights the foods from the major food groups and their relationships to the Dietary Guidelines for Americans.
X		1516	n/a	<u>FOOD SAFETY–1995, 25 min</u> Learn the basics of preparing and storing food safely. Avoid salmonella contamination and understand the need to take precautions in handling food.
X		1564	n/a	<u>FRAGILE X SYNDROME (THE) - DX AND TX SERIES–33 min; 1989</u> Characteristic clinical, physical and behavioral features. Discusses diagnostic testing and genetic counseling procedures. Discusses educational interventions, speech/language interventions and occupational therapy.
		1565	n/a	<u>FRED’S STORY–28 min; 1996</u> A charming older gentleman tells of decades in a large institution and his move to the community.
X		1446	n/a	<u>GREAT GUMS, TOUGH TEETH–13 min; 1994</u> This video teaches staff how to assist people with disabilities in achieving and maintaining good oral hygiene.
X	6497A 6497B 6497C 9497D		12/2002	<u>HANDWASHING & GLOVING TECHNIQUES–9 min; 2001</u> Techniques for support staff in community care facilities.

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X	6486A 6486B 6486C		07/2009	<u>HANDWASHING CLOSE UP—25 min; 2006</u> Discover the ups and downs, ins and outs of responsible hand ownership in this comprehensive look at hand hygiene.
	6415A		04/2007	<u>HARRIS (ROBERT) CLEMENCY—23 min.—1990</u> Created originally to present to Governor Wilson asking for clemency for Robert Harris, who was convicted of murder in 1978. This was the first scheduled execution in 25 years in California and was the first case in San Diego to use Fetal Alcohol Syndrome, Post Traumatic Stress Syndrome and Brain Damage (caused from severe childhood abuse) as a defense against the death penalty. Narrated by Mike Farrell.
X	6341	6341	09/2006	<u>HEAD & SPINAL INJURIES, MUSCLE BONE & JOINT INJURIES—25 min, 2004</u> Various emergencies that may arise at home, work, or play. Provides the viewer with basic knowledge and skills required to recognize and treat for head and spinal injuries, as well as bone, muscle and joint injuries.
X	6486A 6486B 6486C	1447A	n/a	<u>HEALTH CARE BODY OBSERVATIONS: A GUIDE TO DIRECT SERVICE WORKERS—57 min; 4/95</u> Teaches caregivers how to recognize and report the health care needs of consumers. <u>INCLUDES LEARNER PACKET.</u>
X			n/a	<u>HEALTHY SMILES FOR CHILDREN WITH SPECIAL NEEDS—12 min, 1998</u> This video provides good tips for oral hygiene care that can be applied to children and adults who require assistance. VHS #1521 – English VHS #1522 – Spanish
X		6288	03/2006	<u>HIDE & SEEK—28 min; 2006</u> Eight powerful strategies to protect yourself, your family, and your community from the disease-causing germs that increasingly affect our personal and public lives.
X		1477	05/2004	<u>HOME CARE COMPANION (THE)—Fall Prevention—24 min; 1998</u> This program includes what to do when someone falls and gives tips on how to prevent falls in the kitchen, bedroom, and bathroom, on stairs and outdoors. Other topics include the physical and emotional effects of a fall, the goal of fall prevention, proper shoes, medication, walker and wheelchairs, emergency alarms and what to do when someone is no longer safe at home.
		1775	05/2004	<u>HOME CARE COMPANION (THE)—Infection Control—27 min; 1998</u> Learn what doctors and nurses do to reduce the spread of germs to themselves and their patients. Find out how to use personal protective equipment, how to protect other family members and how to protect your home from germs.

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X		1449	n/a	<u>HOME CARE COMPANION (THE)–Medications–27 min; 1997</u> This video will teach you to recognize warning signs of improperly used medications and safe practices for assisting with medications.
X		1448	n/a	<u>HOME CARE COMPANION (THE)–Wheelchair, 24 min; 1997</u> This video will teach you how to help someone in and out of a wheelchair without hurting yourself.
X		1459	n/a	<u>HOME SAFE HOME–23 min; 2000</u> This video identifies safety problems in the home, how to remedy the problem and how to maintain a safe environment.
X	6240	6239	09/2005	<u>HOME SAFETY: PREVENTION, PREPARATION, AND PRACTICE–15 min, 2000</u> This video stresses the importance of thinking ahead to eliminate hazards (nicks and cuts, minor burns, bruises, abrasions) before they can become a problem.
	6375A		02/2007	<u>HOW FAR WE'VE COME: THE JOURNEY TOWARD THE LANTERMAN VISION-2006, 40 min.</u> Celebrating the California Regional Center system's 40-year history, this film continues the story begun by "We're Here to Speak for Justice". This documentary explores the regional centers' many accomplishments and their impact on the lives of individuals with developmental disabilities and their families.
		1557	n/a	<u>HOW MEDICINES WORK–9 min; 1990</u> Explains how doctors choose medicines to treat epilepsy and why finding the right treatment may call for trials of several medicines. Discusses how the doctor, together with the patient, helps to identify the best treatment. Highlights the importance of monitoring levels of medicine with blood tests and consistent use of medicine.
X	6427A 6427B		08/2007	<u>HOW TO BRUSH THE TEETH OF ANOTHER PERSON-8 min; 2006</u> This educational program was developed with the help of dental hygienists. It is intended for those who provide daily oral care for another person, either in their own home or in a facility. RT: 8 min. CEU APPROVED FOR RESIDENTIAL CAREPROVIDERSE ONLY.
X		1460	n/a	<u>HOW TO PREPARE FOR EARTHQUAKES–1992; 5 min</u> This video is designed as a training tape for persons with developmental disabilities. Discusses what to do before, during and after an earthquake.
X	6466	6467	02/2008	<u>HUMAN RIGHTS: HONORING TO ADVOCACY–21 min; 2006</u> All people are guaranteed certain rights regardless of the presence or absence of disability. All staff persons have the important responsibility of assisting, guiding, educating, and supporting people with developmental disabilities to advocate for themselves as they exercise their rights in order to live happier, healthier lives as independently as possible.

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		1574	n/a	<u>I'M STILL HERE - The Truth about Schizophrenia—67 min, 1997</u> Strips away the ignorance and fear associated with schizophrenia, reminding us that, despite the distortions of personality and perception induced by a chemical imbalance of the brain, many of those living with this illness lead lives of extraordinary courage and accomplishment, deserving of our compassion and admiration.
X	2989A 2989B 2989C	2988A 2988B	05/2005	<u>INDIVIDUAL SERVICE PLAN TRAINING—2005; 30 min</u> An introduction to the Individual Service Plan (ISP) writing. The format, required components, and basics of the ISP are discussed. Training packet included.
		6474A	08/2008	<u>INTERVIEWING JOB APPLICANTS WITH DISABILITIES—18 min – 2008</u> Establishes guidelines for interviewing job applicants with disabilities. Viewers will build awareness of options available for making accommodations.
X		1505	n/a	<u>INTRODUCTION TO MENTAL RETARDATION—26 min, 3/3/93</u> Presents the “basics” of mental retardation: causes, prevention, incidence, levels and intervention. Describes how it affects people and what can be done to lessen the effect of this condition.
X		6241	09/2005	<u>INVOLVING FAMILIES AND GUARDIANS—24 min, 9/2000</u> This video can assist staff to help consumers maintain contact with their families.
X		1737	n/a	<u>KAREN AFTER THE EARTHQUAKE—29 min</u> A woman who uses a wheelchair earthquake-proofs her own apartment after having experienced the “Big One” in Los Angeles. This film provides many useful ideas for disaster preparedness.
			10/2004	<u>KIDS AND COMMUNITY—CONNECT FOR THE FUTURE, 9/2003</u> VHS #2006 - English, 12 min VHS #2007 - Spanish, 15 min Demonstrates the strength of involving all people, including persons with developmental disabilities, in communities.
		1576	n/a	<u>KING GIMP—50 min, 2002</u> Dan Keplinger was born with cerebral palsy. Filmed over 13 years, his ongoing career as a successful painter attests to his victory over nearly insurmountable obstacles, both physical and societal.
X	2377		10/2003	<u>KITCHEN: FOOD-BORNE ILLNESSES—2001; 32 min.</u> This video investigates the causes, symptoms and treatment of food-borne illnesses, with emphasis placed on their prevention. Viewers learn how to recognize the symptoms associated with salmonella and E.coli bacteria, and understand why certain bacteria make people sick.

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X	2380	1555A	10/2003	<u>KITCHEN: FOOD SAFETY—2001; 28 min.</u> Viewers are introduced to dangerous food-handling practices and learn why the proper procedures are a must. Demonstrations of procedures include avoiding cross-contamination of tools and surfaces, hand washing, using containers, how to handle poultry and other "trouble" foods, and safe temperature zones for food storage.
X	2379	1461	09/2003	<u>KITCHEN: SAFETY ESSENTIALS—2001; 23 min</u> This video illustrates the importance of cleaning and sanitizing, proper use and storage of knives, food safety and storage, storage and use of electric appliances, dealing with kitchen fires, etc.
X		1688	n/a	<u>LASTING LEADERSHIP—1999, 22 min</u> This video features actor Chris Burke of the TV series "Life Goes On". He explains the role of the facilitator in developing self-advocacy skills (training guide included).
		1577	n/a	<u>LAW ENFORCEMENT AWARENESS OF DISABILITIES—60 min; 6/95</u> San Diego teleconference hosted by Denise Yamada, moderator. Through vignettes, suggestions and tools are recommended to assist officers work and help people with developmental disabilities as well as the traumatic brain injured.
		1578	n/a	<u>LAW ENFORCEMENT AWARENESS OF DISABILITIES - VIDEO SCENARIOS—26 min; English; 6/95</u> This video highlights vignettes (Down syndrome, cerebral palsy, brain injury, autism) without a moderator. <u>INCLUDES HANDOUT.</u>
X	2400	2401	11/2004	<u>LEARN NUTRITION—1998; 137 min.</u> Teaches you how to care for your body and tell you all about the materials that your body can use or store. Topics covered include nutrients, calories, protein, metabolism, and so much more.
		1580	n/a	<u>LEARNING TO TALK ABOUT SEX WHEN YOU'D RATHER NOT—29 min; 3/97</u> Excellent for training about people with developmental disabilities, their parents and care providers.
X		1462	n/a	<u>LET THE MIRACLE BEGIN—28 min; 1990</u> The story of 13 persons with developmental disabilities. It follows their lives through heart warming vignettes.
X	6407	6407	03/2007	<u>LIVING WITH DYING—2006; 87 min.</u> Veteran PBS journalist Bill Moyers reports on the growing movement in America to improve care for people who are dying. Using interviews and research from across the country, this DVD describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life's ultimate rite of passage with compassion and comfort.

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X		1463	n/a	<u>LIVING WITH EPILEPSY—12 min; 1991</u> Four adults describe how they cope with specific epilepsy-related problems: memory, child care, safety, acceptance and the effects of overprotection.
		1581	n/a	<u>LOST DREAMS AND GROWTH CHILDREN WITH A DISABILITY: PARENTS CONCERNS—72 min; 1988</u> Dr. Ken Moses: Video recording of a live presentation and interaction with parents of impaired children. Discusses grieving for lost dreams and moving on to develop a new set of dreams for their children.
X	6364A (CD)	6363	12/2006	<u>MAKE YOUR HOME A SAFE HAVEN—2000; 10 min.</u> Takes you on an indepth safety inventory of every room in your house, plus outdoor areas. Learn how to prevent falls, fires, and poisoning. Identify problem areas and find easy solutions to make your home the Safe Haven you want it to be.
X		1464	n/a	<u>MAKE YOURSELF A PROMISE: EARTHQUAKE PREPAREDNESS FOR YOURSELF AND YOUR COMMUNITY—27 min.</u> This video is a practical guide to earthquake preparedness techniques for the individual and the community, with a particular focus on the needs of vulnerable populations, the elderly and the disabled.
		1584	n/a	<u>MAKING RESPONSIBLE DECISIONS—13 min</u> Through a high school play, the audience watches their peers act out different situations regarding responsible decision making about sex.
X	6244A 6244B	6243	09/2005	<u>MAKING SENSE OF STANDARD PRECAUTIONS—21 min, April 2005</u> This video can help staff minimize their risk of infection by following standard precautions.
		6346	10/2006	<u>MALPRACTICE RISK: HYDRATION/NUTRITION-20 min, 2006</u> Covers ways caregivers can reduce hydration and nutrition risks.
X		1753	05/2004	<u>MAXIMIZING USE OF THE COMMUNITY—49 min., undated</u> Focuses on the principle that individuals with developmental disabilities have the right to access the community. Assists staff with creating opportunities in the community.
X	6342	6342	09/2006	<u>MEDICAL CONDITIONS AND POISONING—30 min, 2004</u> Various emergencies that may arise at home, work, or play. Provides the viewer with basic knowledge and skills required to recognize and treat illnesses such as asthma attacks, severe allergic reactions, diabetic emergencies, seizures, as well as heat stroke and hypothermia. There is also a segment on first aid for various types of poisoning.

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X			n/a	<u>MEDICATION SIDE EFFECTS (I)</u> –38 min 8/9/89
X				<u>MEDICATION SIDE EFFECTS (II)</u> –28 min, 10/16/95 VHS #1465 – Part I VHS #1466 – Part II Gives an overview of some side effects of psychotropic, anti-seizure and other drugs.
X	1995	2994	05/2005	<u>MULTICULTURAL PERSPECTIVES ON ADULTS WITH DEVELOPMENTAL DISABILITIES</u> –2005; 33 min Community-based caregiving is a vital mode of support for older adults with developmental disabilities. This insightful and uplifting program examines how, within Hispanic, African-American, and Asian-American cultural contexts, the needs of this population are being met.
X	6477A	(none)	01/2009	<u>MULTIPLE MEDS</u> —2007; 25 min Confusion over multiple prescriptions and appropriate dosages might sound like a minor nuisance—but it can be dangerous or even fatal. This program explores the challenges that patients often face as they cope with drug interactions. An informative case study features a woman who regularly takes more than 12 medications for various health problems and who, while hospitalized, experienced a drug regimen error that led to cognitive side effects.
			10/2004	<u>MY LIFE MY WAY—CHRIS’S STORY</u> VHS #2010 - English, 12 min, 11/2003 VHS #2011 - Spanish, 15 min, 1/2004 Demonstrates the strength of involving all people, including persons with developmental disabilities, in communities.
			n/a	<u>MY LIFE—MY WAY SELF DETERMINATION PILOT PROJECT</u> –18 min; 5/2002 VHS #1590 – English VHS #1591 - Spanish Overview of the concept of self determination and the San Diego Regional Center Pilot Project. <u>Closed Caption</u> . This video is also available in resource rooms at outreach offices.
	6426		08/2007	<u>NORMAL PEOPLE SCARE ME</u> -90 min; 2006 In this compelling documentary 17 year old Taylor Cross captures life and living with autism through interviews with over 65 fascinating subjects--all with Asperger's syndrome or autism. Taylor's probing questions and offbeat wit will entertain and educate audiences while shattering the autistic mystique. RT: 90 min.
X		1738	05/2004	<u>NOT JUST BEHAVIOR MODIFICATION</u> –28 min, 1992 This video will better train staff to interact and work with profound mental retardation. It highlights important communication and teaching principles.

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X	6473A		05/2008	<u>OBSERVING FOR SIGNS & SYMPTOMS OF ILLNESS—28 min; 2007</u> Observing for signs and symptoms of illness in the people you support is paramount. This is generally due to the fact people with developmental disabilities often do not have the skills necessary to maintain their own health. Early detection of changes in any individual's daily routine, appearance, general manner, mood, behavior, way of communicating, or physical health should indicate further investigation on your part, as it may be an indication of a medical condition, illness or injury.
X		1467	n/a	<u>ON FIRE: A FAMILY GUIDE TO FIRE SAFETY—60 min; 1990</u> This video covers safeguarding your home against fire, steps to follow in case of fire, how to call for help, basic emergency procedures, proper usage of fire safety equipment (fire extinguishers, escape ladders, smoke detectors, etc.) and how to develop a family escape plan.
X	6502A		07/2011	<u>ON THE LAKE—2009; 56 min</u> ON THE LAKE tells the true story of the tuberculosis epidemic in 1900's America and globally today through the lives of those that were infected and who died—but also of those who survived. More than scientific facts and figures, ON THE LAKE touches that rare emotional cord of what life was like for millions of people infected with TB, while providing a glimpse into human nature when faced with a large-scale epidemic. Through powerful storytelling, ON THE LAKE shines new light on a major period in America's collective history that has been forgotten—and a disease that many today think is "dead," but is in fact the number-two infectious killer globally, after HIV/AIDS.
X	6428A 6428B		08/2007	<u>ORAL CARE TRAINING PROGRAM-66 min; 2006</u> 6-module series: (1) Introduction/Overcoming Obstacles; (2) Good Oral Care; (3) Tricks of the Trade; (4) You Are What You Eat; (5) Oral Care for People with Missing Teeth; (6) Making Dental Visits Easier. Each module is 11 minutes in length. CD accompanies DVD that includes a workbook, pre-test, post-test, supervisor's instructions, pre and post test answers.
		6377	02/2007	<u>ORAL HEALTH ASSESSMENT OF NURSING HOME RESIDENTS-undated, 20 min.</u> "How to" clean teeth video designed as an in-service video for nursing home staff. It covers training to detect lesions that require referral to a dentist for oral cancer evaluation, help for problems with dentures, broken fillings and other common dental concerns found in the elderly and other patients with special needs.
X			n/a	<u>OVERCOMING OBSTACLES TO DENTAL HEALTH—9:40 min; 1998</u> This video is part of a training program for caregivers of people with disabilities. Includes a training manual, workbook and pre/post test. VHS #1693 – English VHS #1694 - Spanish

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X	6252	6251	09/2005	<u>OVERCOMING PROBLEMS OF LOCOMOTION–32 min, 2000</u> This program looks at ways individuals with disabilities and their caregivers can overcome problems of physical mobility.
	6472A		11/2007	<u>PARTNERS IN LIFELONG SUPPORT—10 min, 2007</u> Designed for use by regional centers to provide a brief, informative, overview of regional center services that could be shown to a wide variety of community audiences.
		1596	n/a	<u>PARTNERSHIP FOR SUCCESS–15 min, 1/94</u> An upbeat video that explores job training services available for persons with disabilities and visit them at their supported employment job sites.
		1601	n/a	<u>PERSON-CENTERED LIVING OPTIONS: Person-Centered Planning–28 min, 1997</u> Defines Person-Centered Planning. Presentation by Becky Donofrio from CHOICES at a People 1 st Conference in Sacramento, CA.
		1602	n/a	<u>PERSON-CENTERED LIVING OPTIONS: Supported Living–21 min, 1997</u> Defines Supported Living at a People 1 st Conference in Sacramento, CA. Featured speakers include Becky Donofrio from CHOICES, Belinda White and Michael Hall.
			n/a	<u>PERSON-CENTERED PLANNING: BUILDING PARTNERSHIPS AND SUPPORTING CHOICES–15 min; 1994</u> VHS #1599 – English VHS #1600 - Spanish An informative video that introduces the concept of person-centered planning to the viewer in a clear manner with the aid of three real life situations.
X		1603	n/a	<u>PERSON TO PERSON–52 min, 1991</u> This video is about the sexuality education of persons with developmental disabilities. It will empower parent and staff to comfortably sex educate their students and children.
X		1553	n/a	<u>PERSONAL HYGIENE TRAINING–39 min; 5/90</u> Takes staff through the basics of what skills need to be taught, how to break them down, and some tips on teaching these skills to people with mental retardation.
		1604	n/a	<u>PKU DIET–4 min; 4/96</u> KFMB-TV News 8: A short presentation by Dr. Howard Wolfinger of San Diego Regional Center talking about what PKU is and the importance of it in your diet.
X		1525	n/a	<u>POLICE INTERACTIONS WITH PERSONS WHO HAVE DISABILITIES–30 min</u> San Diego Police Dept: Scenarios cover interaction with persons who are deaf, blind, have cerebral palsy, mental retardation, orthopedic disabilities and epilepsy. Discusses appropriate procedures to follow.

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X		6255	09/2005	<u>POSITIONING, TURNING AND TRANSFERRING—53 min, 2000</u> Learn the basic techniques and guidelines when helping. This video also teaches the importance of dignity and respect by covering issues like privacy, and maintaining a sense of control for the person with the disability.
		1605	n/a	<u>POST TRAUMATIC STRESS DISORDER—88 min; June 1999</u> Assessment and treatment of adults who have developmental disabilities and mental health needs.
X		1469	n/a	<u>PREVENTING BEHAVIORAL CHALLENGES—45 min, 2000</u> Positive behavioral supports for individuals with developmental disabilities to enhance quality of life, foster independence, promote cooperation.
X	6471		04/2008	<u>PRINCIPLES & PRACTICES: AGE APPROPRIATENESS – ACHIEVING ADULT STATUS—48 min, 2005</u> The audience is introduced to a variety of age-appropriate training, media, behaviors, and leisure materials preferred by individuals with developmental disabilities. Emphasis is placed on the maxim, "It's not what people have, it's what they don't."
X	6470		04/2008	<u>PRINCIPLES & PRACTICES: INSTRUCTIONAL STRATEGIES—50 min, 2005</u> Provides an expansive explanation of best practice technology for facilitating skill acquisition. With demonstration and role-play, the viewers will enhance their training skills, and instructional strategies (verbal prompting, physical cueing and prompting, immersion, training material usage, graduated guidance, successive approximations, errorless learning and environmental engineering).
X	6504A		10/2011	<u>PROACTIVELY SUPPORTING BEHAVIOR—18 min, 2010</u> Sometimes the people you support have behaviors that can interfere with their quality of life and the lives of the people they live with. As support staff it is important to take advantage of situations and opportunities to teach appropriate ways for people to interact within the environments in which they live, work, and socialize.
		1610	n/a	<u>PYRAMID PROJECT—34 min, 1996</u> Exceptional Family Resource Center: Illustrates the major issues faced by families from the birth through adulthood of their disabled family members. Five families are interviewed on camera and share their experiences, the issues they faced and needed support for, and their suggestions for families and professionals.
X	2383	1611	09/2003	<u>READ THE FOOD LABEL—2001; 15 min.</u> Explanation of nutrition labels. <u>Includes User's Guide.</u>
		1616	n/a	<u>REDUCING UNSAFE ACTS OF OFFICE EMPLOYEES—1997, 9:30 min</u> How to address unsafe acts and report to supervisors.

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		1680	n/a	<u>REGIONAL CENTERS—12 min; 2000</u> General overview of the regional center system in California.
X	6433A 6433B	6432	08/2007	<u>RELATIONSHIPS AND INTIMACY—29 min; 2006</u> The false belief that people with developmental disabilities cannot have significant social, intimate, or sexual relationships is still very present in our society. This video depicts having relationships with others as part of being human, regardless of any disability.
X		1526	09/2004	<u>REMEMBERING: THREE PORTRAITS—15 min, 2003</u> Developed by a Wellness Grant (ERIK: Education, Resources, Implementation and Knowledge) for end-of-life issues. Three vignettes about consumers losing parents and families losing consumers.
	6455		10/2007	<u>RIDING THE BUS WITH MY SISTER—98 min; 2005</u> Rosie O'Donnell and Andie MacDowell portray sisters living in different cities whose separate paths are about to come together again under less than ideal circumstances. Despite being developmentally disabled, Beth (O'Donnell) faces life with humor, a fierce will and a wardrobe that jars the senses. Her older sister Rachel (MacDowell) is driven, focused and successful, but she's a lonely professional who disapproves of Beth's unhealthy lifestyle and seeming lack of goals. When their father passes away suddenly, Rachel reluctantly steps in to help Beth cope with the loss. Something unexpectedly happens, however. Once Rachel walks a mile in her sister's shoes—or more accurately, rides a mile with Beth on the bus—she begins to see life from a very different point of view. Rachel realizes that she's the one with self-imposed limitations, not her sister. What follows is a life-changing journey together, full of laughter, tears and new understanding.
X			n/a	<u>RIGHTS, CHOICES AND YOU: LIVING AND WORKING IN THE COMMUNITY—14 min; 1995</u> VHS #1503 – English VHS #1504 - Spanish A short video that highlights five consumers who are living out in the community with a variety of supports. A perfect tool for consumers who are interested in living independently.
X		1619	n/a	<u>SAFE AND STRONG—2002; 28 min</u> This video teaches strategies for personal safety for persons with developmental disabilities. <u>Printed curriculum is available.</u>
X		6289	03/2006	<u>SAFE FOOD HANDLING: PREVENTING FOODBORNE ILLNESS—18 min; June 2005</u> Describes proper personal hygiene when working with food, explains how to prevent cross-contamination, explains proper food handling and storage, describes how to sanitize and disinfect the kitchen.

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	6482A		02/2009	<u>SAFE STEPS!—12 min; 2004</u> Falls prevention for seniors.
		1620	n/a	<u>SAFETY OPERATIONS OF MOTOR VEHICLES—1997, 17 min.</u> Safe driving tips and reminders for persons who use automobiles during the daily conduct of business.
		1666	n/a	<u>SAFETY ORIENTATION IN OFFICE ENVIRONMENTS—1997, 13 min.</u> General overview of basic safety practices in the office.
			n/a	<u>SAN DIEGO REGIONAL CENTER: YOUR PARTNER FOR SUCCESS—11 min, 2000</u> VHS #1681 – English VHS #1682 - Spanish An in-house video produced to introduce San Diego Regional Center. An overview of services available.
X	6488A 6488B 6488C		05/2010	<u>SEIZURE FIRST AID—11:15 min; 2001</u> Combines footage of real seizures with re-enactments to demonstrate proper first aid procedures. In addition, people with epilepsy talk about how they feel when they have a seizure, discuss how they explain epilepsy to others and how they would like friends, family and the general public to react when a seizure occurs. A doctor or talks about some of the circumstances in which immediate medical care is needed.
X			12/2002	<u>SELF-ADMINISTRATION OF MEDICATION—2002</u> VHS #1473 - English—27 min VHS #1474 - Spanish—29 min Guidelines for support staff in community care facilities.
X	6469A 6469B 6469C 6469D		04/2008	<u>SERVING CRIME VICTIMS WITH DISABILITIES—1999</u> The Time is Now (RT: 18 min): Encourages and assists the efforts of victim advocates in actively reaching out to and serving crime victims with a wide range of disabilities. Meet Us Where We Are (RT: 14 min): People talk about being victimized, the kind of services and support that they did or did not receive, and how their victimization motivated them to create or demand programs and services to help other crime victims with disabilities.
X		1625	n/a	<u>SEVEN MOST POPULAR NUTRITION MYTHS (THE)—17 min., 1995</u> This video discusses the “trues” and “falses” of nutrition myths.
		1626	n/a	<u>SEXUALITY AND PEOPLE WITH DISABILITIES—15 min., 2000</u> A made-for-TV movie on sexuality and people with physical disabilities. A brief introduction on the topic of sexuality and disability. Problems of social stereotypes, self image, and relationships are addressed.

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X	6365	6365	12/2006	<u>SIT AND BE FIT: All American Workout—2000; 27 min.</u> A full body workout designed to improve balance, finger dexterity, leg circulation and mobility.
X		1636	n/a	<u>SMART SUPERMARKET SHOPPING WITH THE NEW FOOD LABEL—20 min., 1997</u> This video teaches the consumer supermarket design, good shopping techniques and how to read and utilize the new food label.
		1638	n/a	<u>SPIRIT OF LEADERSHIP (THE)—1994; 9-1/2 min</u> This short video illustrates persons with developmental disabilities in leadership positions.
			n/a	<u>STRENGTHENING FAMILY TIES—1999; 3-Video Set</u> TAPE #1: Jose Cabrera/Marty Richards—Growing up with Disabled Parents and Building Self-Esteem TAPE #2: Helen Metzger—Building Healthy Relationships and Domestic Violence TAPE #3: Patricia Bryning—Parenting and Discipline: Toddlers to Teens VHS #1650 – Tape 1 VHS #1651 – Tape 2 VHS #1652 – Tape 3 Developed with SDRC’s Wellness Initiative Project: Awareness and Safety Training for Parents Who Have a Developmental Disability, these materials are extremely helpful in helping parents who are developmentally disabled focus on safety and child-rearing issues.
		1653	n/a	<u>STRESS RELIEF—1997, 7 min</u> Basic techniques of reducing stress and dealing with it.
			10/2004	<u>SUCCESSFUL COMMUNITIES—EVERYONE VALUED, 9/2003</u> VHS #2008 - English, 10 min VHS #2009 - Spanish, 12 min Demonstrates the strength of involving all people, including persons with developmental disabilities, in communities.
X		6362	12/2006	<u>SUN SAFETY: A Growing Health Concern—1999; 12 min.</u> Provides information on the health effects from overexposure to the sun, types of skin cancers, the ultraviolet (UV) index, and preventative sun safety practices.
X		1475	n/a	<u>SUPPORTED EMPLOYMENT: A NEW DAY DAWNING—20 min</u> Supported Employment: A relatively new concept in Southern California but one that many companies are beginning to utilize. Three consumers with developmental disabilities are featured, working at their jobs. The employees are interviewed. Includes the role of the job coach.

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X		2374	n/a	<u>SURVIVING THE BIG ONE: HOW TO PREPARE FOR A MAJOR EARTHQUAKE–58 min, 1989</u> This video dispels myths and explains facts, lists correct supplies to store, shows how to safety proof your home, answers “what if” scenarios, provides coping strategies for the weeks following the quake and lets you stop worrying and begin to compare.
X	6339		9/2006	<u>TAKE A LOAD OFF YOUR HEART–80 min, 2003</u> Discusses risk factors of getting heart disease and provides five steps on how to manage them.
X	6494A		10/2010	<u>TAKING CONTROL OF YOUR DIABETES SERIES - SEASON 1 - 4 hrs, 2010</u> Two-DVD set, eight 30-minute shows. Discussions on Education, Motivation, & Self Advocacy Be Sweet to Your Feet, Continuous Glucose Monitoring, Healthy Cooking: Food is Not a Four Letter Word Legal Issues Related to Diabetes, Home Glucose Meters, A Woman's Diabetic Journey Diabetes, and Obesity and Bariatric Surgery.
X	6495A		10/2010	<u>TAKING CONTROL OF YOUR DIABETES SERIES - SEASON 2 - 6 hrs, 2010</u> Three-DVD set, 12 30-minute shows. Combines in-depth discussions among health professionals in a talk-show format with documentary-style interviews from people living with diabetes. Discussions on hypoglycemia, sleep apnea, insulin management, insulin pump therapy, kidney health, pregnancy and pre-existing diabetes, gestational diabetes, dermatological issues related to diabetes, and other conditions that affect both diabetic and non-diabetic populations.
X		1482	n/a	<u>TEACHING BASIC SAFETY SKILLS–4/27/93, 28 min</u> Shows how to design programs for teaching consumers safe behaviors in home and community environments. Features a wide range of situations including avoiding exploitation.
X		1483	n/a	<u>TEACHING COMMUNITY SKILLS–1997; 54 min</u> Teaches staff how to help consumers become active members of a larger group. Areas of focus include help developing community skills, steps on how to help consumers, activities for consumers needing much support can participate in, selected activities and description of procedures for teaching activities to consumers.
X	6500A	1440	05/2011	<u>TEACHING: CHOICE & SKILL DEVELOPMENT–22 min, 2007</u> Helping people attain the life they desire is the heart of your job on a daily basis. In some cases, that will mean helping people obtain the supports and services they need to reach their personal goals, or it may mean helping people learn skills that are necessary to reach their desired outcomes.

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X		1690	n/a	<u>TEACHING PEOPLE WITH DEVELOPMENTAL DISABILITIES—1999; 88 min</u> A 4-part video series that demonstrates the basic components of teaching: Task Analysis, Prompting, Reinforcement and Error Correction. Teaching manuals accompany all the materials. The videos show children and adults learning various skills. THIS VIDEO SET MUST BE PREVIEWED AT SDRC MAIN CENTER—IT IS NOT AVAILABLE FOR CHECK-OUT.
	6496A		10/2010	<u>TEMPLE GRANDIN—109 min, 2010</u> Temple Grandin paints a picture of a young woman's perseverance and determination while struggling with the isolating challenges of autism at a time when it was still quite unknown. The film chronicles Temple's early diagnosis; her turbulent growth and development during her school years; the enduring support she received from her mother, aunt, and her science teacher; and her emergence as a woman with an innate sensitivity and understanding of animal behavior.
		1660	n/a	<u>TEN COMMANDMENTS OF COMMUNICATING WITH PEOPLE WITH DISABILITIES—52 min; 1994</u> A great video on the proper etiquette of communicating with people with special needs.
	6484A		02/2009	<u>THINKING AHEAD: MY WAY, MY CHOICE, MY LIFE AT THE END—13 min; 2008</u> A consumer friendly workbook/DVD to assist people in making decisions about the end of their life.
X		6337	09/2006	<u>TIME TO CARE (A): ACTIVITIES OF DAILY LIVING –45 min, 2004</u> Caregiving today: eating, bathing, dressing, grooming, dental care, incontinence.
X	6410		03/2007	<u>TIME TO CHANGE, A—2006; 87 min.</u> Veteran PBS journalist Bill Moyers reports on the growing movement in America to improve care for people who are dying. Using interviews and research from across the country, this DVD describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life's ultimate rite of passage with compassion and comfort.
		6376	02/2007	<u>TOGETHER WE GROW: CHAMPIONS OF INDUSTRY-2006, 7 min.</u> Together We Grow is the recognized leader in pediatric care, the place where medically fragile and typical children grow together in an inclusive environment. In a developmentally appropriate setting, these children play and learn together, focusing on fun and learning activities.

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X			n/a	<u>TREATING PEOPLE WITH DISABILITIES–2001, 8 Hours</u> VHS #1484 – Tape 1 VHS #1485 – Tape 2 VHS #1486 – Tape 3 VHS #1487 – Tape 4 4-Tape reproduction of the oral hygiene conference “Making a Difference: Rewards, Challenges and Effective Strategies for Treating People with Disabilities” held on 1/17/01 at Anderson Center, Children’s Hospital, San Diego.
X	6498A 6498B		04/2011	<u>TUBERCULOSIS: AWARENESS AND TREATMENT—20 min; 2008</u> Discusses what TB is, how people get it, phases and symptoms of TB, and vaccines. The four important parts are: (1) People from countries where TB is common should get tested for TB. (2) TB is curable and preventable. (3) Anyone can have TB, so there is no need to be ashamed if you have the disease. (4) If you have TB, it is important you take all of your medication and follow the advice of your medical professional.
	6454		09/2007	<u>24/7—2005, 33 min</u> For 18 years, Rob and Betsy have taken care of their profoundly disabled daughter at home. Now middle-aged, exhausted by the constant stress of juggling Megan's unrelenting care needs with the demands of raising their other daughter and hanging onto their jobs, they feel that they have hit the wall. Marsha and Larry's son Stuart was born autistic in 1957. As a violent young man, he was confined to state hospitals and jails, but today his elderly parents are able to care for him at home with the assistance of a state-funded caregiver.
X		6242	09/2005	<u>UNDERSTANDING AND PREVENTING CLIENT ABUSE AND NEGLECT–25 min, 3/1995</u> This video provides information to help you provide a safe non-threatening environment.
X	6246	6245	09/2005	<u>UNDERSTANDING BEHAVIOR: BUILDING POSITIVE SUPPORTS–23 min, 2/2004</u> This video discusses how behavior serves as communication and how staff intervention can impact behavior.
		1663	n/a	<u>UNDERSTANDING COMPLEX PARTIAL SEIZURES–12 min, 1991</u> Shows nature of complex partial seizures and the challenges they pose. Seizure footage is included.
X		1739	05/2004	<u>UNDERSTANDING DEVELOPMENTAL DISABILITIES–23 min., 1992</u> Gives an overview of developmental disabilities and descriptions of each type of disability.

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X		1752	n/a	<u>UNDERSTANDING SEIZURE DISORDERS—10 min, 1989</u> The video starts with interviews from people who have epilepsy and their description on what a seizure feels like. An explanation of what a seizure is biologically. A good video to increase the public's awareness regarding persons who have epilepsy.
X	6490A 6490B 6490C		05/2010	<u>UNDERSTANDING SEIZURES AND EPILEPSY—11 min; 2009</u> Provides an explanation of seizure disorders in everyday language. Seizures are brief physical events caused by sudden, temporary changes in the electrical functioning of the brain. Uses footage of real seizures, and explores what happens when someone has a seizure. Examples are given to show how others can recognize what is happening and know what to do—and what NOT to do. In addition, people with epilepsy talk about how they would like friends, family and the public to treat them just like everyone else.
X		6358	12/2006	<u>UNEQUAL JUSTICE: The Case for Johnny Lee Wilson—1995; 23 min.</u> Examines this controversial case from a disabilities perspective. In 1986, a 19 year old man with mental retardation named Johnny Lee Wilson was picked up for questioning about the murder of an elderly woman. Wilson unknowingly waived the Miranda rights and he signed a confession that he could barely read. Wilson was incarcerated for 9 years. Wilson and his family, lawyers and advocates speak out about what can happen when people with mental retardation and other developmental disabilities come into conflict with the criminal justice system.
X	6501A		07/2011	<u>UNFORGOTTEN: 25 YEARS AFTER WILLOWBROOK—57 min; 2002</u> It was a nightmare that shocked not only New York, but all of America. The public outcry about the Willowbrook State School for people with developmental disabilities resulted from Geraldo Rivera's expose after he entered Willowbrook with a film crew in 1972 using a stolen key. UNFORGOTTEN takes us on a tour of the facilities and interviews residents and their families about the inhumane treatment that shocked our nation.
X		1558	n/a	<u>UNIVERSAL ENHANCEMENTS—66 min; 2002</u> This video will inspire by giving the viewer strategies for promoting active living and learning for people with developmental disabilities.
X		1488	n/a	<u>UNIVERSAL PRECAUTIONS: A BASIC APPROACH—18 min, 9/26/91</u> Addresses medical conditions and body fluids that necessitate precautions and what specific procedures should be used while handling body fluids.
		1665	n/a	<u>VIDEO DISPLAY TERMINAL SAFETY—1997, 12 min</u> How to emphasize safety when using your video display terminal.

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	6353A	1669	n/a	<u>WE'RE HERE TO SPEAK FOR JUSTICE: Founding California's Regional Centers–1999, 60 min</u> Challenging and dramatic stories behind the development of the regional center system, told by the pioneers who lived it.
X			n/a	<u>WE ARE PEOPLE FIRST–12 min, 1990</u> VHS #1489 – English VHS #1490 - Spanish A public awareness tool that looks at persons with developmental disabilities and their abilities. Video produced with grant assistance from the Foundation for Developmental Disabilities.
		1670	n/a	<u>WELLNESS IS CATCHING SERIES–TAPE 1–74 min, 2000</u> Episode 1: Going to the Doctor (female); Episode 2: Going to the Doctor (male); Episode 3: Going to the Dentist; Episode 4: Medical Maintenance; Episode 5: Your Medical Rights
		1671	n/a	<u>WELLNESS IS CATCHING SERIES–TAPE 2–52 min, 2000</u> Episode 6: Taking Care of Yourself; Episode 7: How to Handle an Emergency; Episode 8: Friends are Fantastic; Episode 9: Healthy Mind...; Episode 10: You Are What You Eat
		1672	n/a	<u>WELLNESS IS CATCHING SERIES–TAPE 3–97 min, 2000</u> Episode 11: Living with Age; Episode 12: Being Fit is Fun; Episode 13: Safe on the Street; Episode 14: Helping Others/Helping Self; Episode 15: Living with a Medical Problem
X		1491	n/a	<u>WHAT ABOUT ME? (BROTHERS AND SISTERS OF CHILDREN WITH DISABILITIES)–30 min, 1987</u> Interviews with children of different ages, their parents and brothers and sisters with disabilities. Siblings of children with disabilities address their concerns including the following: assuming too many responsibilities, getting less parental attention, worry about parents' feelings and responsibilities, feeling different, and the positive feelings and effects of brothers or sisters on their lives.
		1674	n/a	<u>WHEELCHAIR IN-SERVICE TRAINING–15 min, 1997</u> Training for wheelchair safety to reduce injuries and improve comfort for persons with developmental disabilities.

<u>CE</u>	<u>DVD#</u>	<u>VHS#</u>	<u>ADDED</u>	<u>TITLE ("X" – CE hours approved for residential careproviders only)</u>
X	6468A 6468B 6468C		04/2008	<u>WHERE'S MOLLY?—72 min, 2007</u> Where's Molly? Since he was 6 years old, Jeff Daly kept asking that question. When his sister Molly was not yet 3 years old, she was taken from their "perfect" home, never to return. While his parents refused to talk about Molly, Jeff was left to wonder and to mourn the sudden and mystifying loss of his only sister. Now, 47 years later, Jeff finally learns the truth to the family secret that kept him from his sister in a reunion that will warm your heart and give you hope for the future of "less than perfect" people like Molly.
X		1492	n/a	<u>WHOSE PROBLEM IS IT ANYWAY?—6/93, 8 min</u> Guidelines for identifying, storing and using household hazardous materials.
		1675	n/a	<u>WITH A LITTLE HELP FROM MY FRIENDS—25 min</u> Three parts that discuss school integration and the importance of everyone living together. School principal and students discuss friendships and integration. May, a female student who is disabled, is integrated into St. Francis School.
X		1613	n/a	<u>WITHOUT PITY: A FILM ABOUT ABILITIES—56 min, 1997</u> This video is a HBO documentary narrated by Christopher Reeve. It represents a cross section of individuals with disabilities, their resilience, potential, and their determination to be self-sufficient.
		1677	n/a	<u>WORKING WITH FAMILIES: WHAT PROFESSIONALS NEED TO KNOW—23 min, 1994</u> Provides direct care staff, teachers, supervisors, and administrators with a better understanding of parents of children with disabilities.
X	6254	6253	09/2005	<u>YOUR COMPLETE CPR GUIDE—30 min., 1993</u> Learn how to identify the early signs of a heart attack and how to administer CPR to infants, children, and adults.
X	6366		12/2006	<u>YOUR SMILE: DENTAL CARE FOR CHILDREN WITH CP—2006; 14 min.</u> Engaging and lively video makes a perfect presentation to groups of parents and caregivers as well as for dentists, dental hygienists and others who oversee the health care needs of these children.