

**LOCATIONS OF SAN DIEGO AND  
IMPERIAL COUNTIES OUTREACH OFFICES**

**Case Management Units 2, 4, 8 and 23**

8760 Cuyamaca Street, Suite 100  
Santee, CA 92071-6210  
619-596-1000

**Case Management Units 3, 7, 14, 15 and 22**

2727 Hoover Avenue, Suite 100  
National City, CA 91950-6625  
619-336-6600

**Case Management Units 5, 9, 11, 17, 21 and 26**

1370 W. San Marcos Blvd., Suite 100  
San Marcos, CA 92078-1601  
760-736-1200

**Case Management Units 6 and 24**

512 West Aten Road  
Imperial, CA 92251-9718  
760-355-8383

**MAIN OFFICE LOCATION AND SERVICES**

4355 Ruffin Road, Suite 200  
San Diego, CA 92123-1648  
858-576-2996  
www.sdrc.org

Administrative Services

Clinical Services

Community Services

Case Management Units  
1, 10, 12, 13, 16, 18, 19, 20 and 25

San Diego Information System (SANDIS)

Intake Unit  
858-576-2938

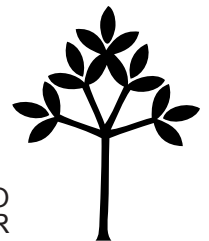
*Facts  
about*

**SAN DIEGO  
REGIONAL CENTER**



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Serving Individuals with Developmental Disabilities  
in San Diego and Imperial Counties



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# Facts about

## WHAT IS SAN DIEGO REGIONAL CENTER?

- A focal point for coordinating services for persons with developmental disabilities and their families
- A state-funded, private nonprofit organization which contracts annually with the State Department of Developmental Services to provide services to consumers
- One of 21 regional centers in California

## WHO MAY BE ELIGIBLE FOR SERVICES?

Residents of San Diego or Imperial counties diagnosed with a developmental disability that originates before age 18, constitutes a substantial handicap and is expected to continue throughout life may be eligible for SDRC services.

These developmental disabilities include:

- Mental Retardation
- Cerebral Palsy
- Epilepsy
- Autism
- Other conditions similar to mental retardation that require treatment similar to that required by persons with mental retardation.

## WHAT SERVICES CAN REGIONAL CENTER PROVIDE?

- Case finding and intake
- Assessment, diagnosis, evaluation and counseling
- Development of an Individual Program Plan (IPP) and coordinated services
- Purchase of services to meet IPP objectives
- Advocacy for the protection of legal, civil and service rights
- Resource development, program evaluation and community education
- Public information and training

## CASE MANAGEMENT SERVICES

A service coordinator is assigned to every person who is a consumer of the San Diego Regional Center. The service coordinator coordinates all services provided by the Regional Center and answers any questions or concerns. The services provided by the Regional Center are individualized and depend upon your needs. Service coordinators assist families to find solutions to these specific needs.

## HOW DO I APPLY?

Formal application must be made by an adult applicant, parent, conservator or guardian.

**STEP 1** – Call San Diego Regional Center's Intake Unit at 858-576-2938.

Residents of Imperial County apply for services at the Regional Center office in Imperial at 760-355-8383.

Services will be explained and information obtained regarding the applicant.

*San Diego Regional Center advocates for opportunities for persons with developmental disabilities to maximize potential and to experience full inclusion in all areas of community life from school and work to recreation.*

**STEP 2** – The applicant and family are invited to participate in an Orientation meeting. The meeting provides an overview of services available through San Diego Regional Center, the Intake process and initial application forms are completed. Eligibility must be determined within 120 days of this initial contact.

**STEP 3** – If eligible, a meeting is arranged to work on an individualized program. Noneligible clients are referred to appropriate agencies.

## FEES

There is no charge for intake, diagnosis and assessment services. However, regional centers welcome voluntary contributions for all services provided. Parents of minors who are residing in 24-hour residential care outside the home are assessed a fee, based on income.

## DOES REGIONAL CENTER PAY FOR SERVICES?

If no other agency, Medi-Cal or private insurance can provide the service, Regional Center may pay. Some examples are:

- Residential services
- Adult day programs
- Behavior modification
- Infant stimulation programs
- Transportation
- Respite services

## WHY DO I NEED REGIONAL CENTER?

- Get up-to-date information on services for persons with developmental disabilities
- Get support
- From a partnership with professionals who are advocating for persons with developmental disabilities and are specialists in the field