

## ***SOLUTIONS BUILDING PROJECT OVERVIEW***

The San Diego Regional Center and San Diego County Mental Health Services have joined together to support the **Solutions Building Demonstration Project**. This is a collaborative effort across multiple systems with a specific focus on adults who are dually served, with high frequency, high intensity behaviors that result in the frequent use of crisis services. These services include frequent unplanned psychiatric hospitalizations, use of 911 and the PERT team and the SDRC's mobile crisis team.

Dually served individuals have a developmental disability and a co-occurring psychiatric illness. Many of these adults may also have a substance abuse related disorder and may also be known to the criminal justice system.

The Project uses three methods to accomplish its goals. These are intensive outreach and training opportunities to all interested community partners about the needs of individuals who are dually served, the use of a team of experts formed from several systems for consultation, assessment and treatment recommendations (the SAT team; Specialty Assessment and Treatment) and a formal crisis services protocol that relies upon the coordination of several programs/systems including the RC, CMH, Hospitals and county EMS to ensure effective crisis services and minimize hospitalizations when appropriate. (See diagram)

### **MULTI-DIMENSIONAL PROJECT-**

#### **3 MAIN STRATEGIES**

