



Person Centered Thinking

Participant Activity Sheets



_____ 's One Page Description

What People Like and Admire about

Insert
Photo
Here

What is Important to

How to Best Support _____

For a good match:
characteristics needed to be
present or absent



2 Minute Drill For _____
The supports needed to be a great employee



Add to your person centered description

PCD Pg. 5

Important TO me

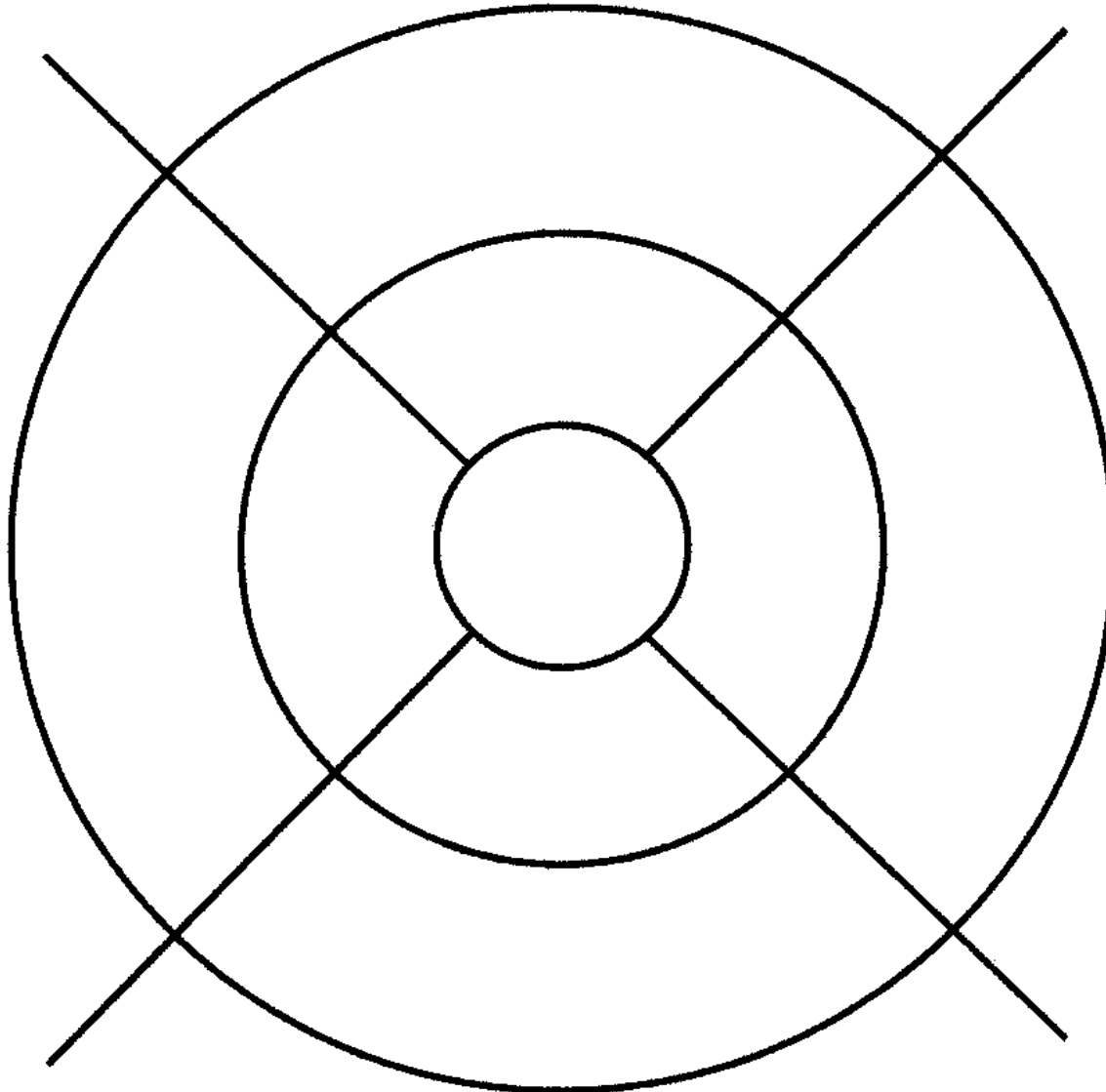
What others need to know and do to best support me



Family

People Map
for:

People who
support me
at work or
school



People
whose job is
to support
me at home
and other
places

Friends



Communication Chart



When This Happens	I Do This	It Usually Means	And I Want You To



_____ 'S MORNING ROUTINE

Look for the blank Morning Routine in your workbook.





_____ 's Good Day/Bad Day

Time Of Day	Typical	Better	Worse
Morning at home			
Commute			
Morning at work			
Lunch			



Good Day/Bad Day Part 2

Time of Day	Typical	Better	Worse
Afternoon at work			
Commute			
Evening			
Overnight			



Name: _____



Like And Admire

PCD Pg. 4



Supports Needed	Skills Required

PERSONALITY CHARACTERISTICS
<u>Want</u>
<u>Don't Want</u>

NICE TO HAVE (SHARED INTERESTS)



Person Centered Description (PCD)

PCD Pg. 2

_____’s Person Centered Description

Date of the 1st plan

Dates description changed

Purpose of the description

To learn how a variety of structured conversations can be used to develop a person centered description that can be used to drive action.



PCD Pg. 1

My Person Centered Description



_____ 's One Page Description

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