



THE SDRC REPORT

To serve and empower persons with developmental disabilities and their families to achieve their goals with community partners.



3rd Annual SDRC Family & Vendor Resource Fair

What Started As a Small Gathering of 300 in a Parking Lot Exploded Into a Sold-Out Convention Hall Event

Pamela Starmack

On Saturday, October 4, thousands of San Diego and Imperial County families came together at San Diego Regional Center’s 3rd Annual Family-Vendor Resource Fair held at the San Diego Convention Center.

The event was launched in 2022 at SDRC’s main parking lot to help connect individuals with developmental and intellectual disabilities and their families with valuable resources, service providers, and opportunities that foster inclusion and belonging.

This year was exceptional, with over 2,500 people in attendance, 250 service providers who support SDRC families, community partners like the Department of Developmental Services, CALAble, SDG&E, and individuals in the regional center programs who launched micro businesses as authors, artisans, appliance repair specialists, illustrators, and much more.

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November 2025

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IN THE SPOTLIGHT



Meet Dr. Tiffany Swan, Community Services Manager

About Tiffany

How long have you been employed at the regional center and what do you do?

I have been employed with SDRC since June of 2015; 10 years!

Why did you get into this business?

I identify as a woman with disabilities and always wanted to be an advocate for the community that I belong to. I believe that I was given a loud mouth having ADHD. I use it for the individuals who would not speak up for themselves. By working at SDRC I can listen to those people and advocate for their needs.

Tell us about one of your best days at work

My best day at work is when I get to advocate for others. It is not one specific day – rather it's when I start to see the change in people who treated individuals one way but then with education and encouragement you see them change. There is still a lot of work to do specifically changing people's ideas from medical model to person-centered model.

Where were you born and raised and how many siblings are in your family?

I was born in upstate New York, where most of my family had dairy farms. My family moved to San Diego when I was four years old. My mother is a native San Diegan. My father's family is from upstate New York, and I would visit with my sisters every summer.

What do you like to do in your spare time?

In my spare time I love to visit my daughters who live outside of California. They both joined the US Army in 2020 and have been deployed all over the world.

After work and during the weekends, you can typically find me at a metal concert or a Padres game with my husband and my bonus daughter. We also have one German Shepard and one Pit Bull which we love to cuddle and watch sports with on the couch.



Tell us about your dream vacation

Prior to this year - my dream vacation would be to go to any island with hot weather lying on the beach and enjoying the sunshine. However now that I have a grandbaby. Vacation is anywhere he is! I also spend a lot of my vacation time seeing my daughters and their families. Anytime with my daughters is a dream vacation!

Do you play or watch any sports?

I absolutely love sports. My husband and I love to go to Padres Games! We also are Green Bay Packer Owners, so we try to go to a game once a season. My goal is to go to Green Bay, perhaps next season, to see Lambeau stadium. We also love a hockey game and go to the Gulls' games often.

What is one of your greatest accomplishments?

My greatest accomplishment is obtaining my doctorate degree. Having learning disabilities (and growing up during the 90s), many teachers did not have much hope for your future. I was not expected to get a degree much less finish high school. Now I am Dr. Tiffany Swan.

What is the most important characteristic of a good leader?

I think the most important characteristic of a good leader is listening. A good leader needs to hear what others needs are. Without listening, a leader follows their own agenda. But as a good leader, their agenda should be the needs of the people.

Cancer Free



Hello all. Today, October 7, marks my one-year anniversary of being CANCER-FREE, and October is Breast Cancer Awareness Month!

Although I feel like I have more appointments then when I was in active breast cancer, I am thankful to be here! I would like to take this moment and say thank you to each of you! Your positivity and presence were comforting and appreciated. I also must thank you for allowing this space to be my “normal”.

During cancer it feels like everything changes without your own control, however, coming into work it was back to normal life before the diagnosis. My diagnosis was without any pain, no indication of a mass or any other symptoms that would have been expected. I was just going in for a routine mammogram. I had Stage 2 grade 3 Intraductal Carcinoma: Estrogen Positive, Progesterone Positive HERs Negative. It has spread to 11 lymph nodes. As I continue to live in “recovery”, I continue to be in maintenance of Breast Cancer. This means that I continue to take medication for 10 years including a low dose of chemotherapy daily. I am also in medically controlled menopause. The possibility of recurrence is high, however with this maintenance plan and the therapy that I underwent last year it’s very likely that it will not return.

For more information about Breast Cancer: <https://www.nationalbreastcancer.org/breast-cancer-awareness-month/>

This is a reminder to schedule your check-up! Women 45+ or with a family history of breast cancer are eligible. You can also request an ultrasound every other year if it runs in your family. I was told that if I hadn’t gone for a check-up, I might not be here today. Thank you all again!

Dr. Tiffany Swan

SHARE Your Holiday Spirit!

The holiday season is almost here! Whether you’re already decking the halls or waiting until December, we’d love to see your holiday spirit. Send us your holiday photos throughout the next few months to share on SDRC's social media pages.

Wearing holiday sweaters? 🧑‍🎄 Decorating your workspace with festive decor? ❄️ Taking a break with some cookies and cocoa? 🍪 Exchanging gifts? 📺 Enjoying some holiday fun and festivities with your office or unit? 🌲

Snap a photo and upload it!



Please upload your photos to SDRC Holiday Photos 2025 and don't forget to include your unit # or team, and names of staff pictured. *Keep in mind that we need the approval of everyone pictured in order to share!*

THANK YOU and happy (early) holidays!



Blood Drive!

**Wednesday,
December 10th
9am - 2:30pm
Ruffin Rd. parking lot**

Please make a commitment to save a life!

Schedule your appointment today:
https://www.mysdbb.org/donor/schedules/drive_schedule/83357

What is a Public Record?



To answer this question and so many more, we invite you to review the second issue of the [PRA Newsletter](#) for additional information.

Please note that if you have trouble viewing the PRA newsletter, you will have to download it from WIKI to view the full document.

“As we express our gratitude,
we must never forget that
the highest appreciation is
not to utter words but to live
by them,”
- John F. Kennedy

Family & Vendor Fair (continued from cover)

“Our goal is to bring the community together and make it easier for everyone to access the services and supports they need,” said Mark Klaus, Executive Director of SDRC.

“We believe that by building strong connections, we can help every person with a developmental disability live productive and satisfying lives as valued members of their communities.”

The resource fair has become San Diego’s largest one-stop hub for individuals with developmental disabilities and their families. Attendees enjoyed breakout sessions, had access to essential resources and program information, and hands-on opportunities to connect with experts to ensure that families left feeling empowered and supported.

The event reflects SDRC’s ongoing dedication to supporting over 46,000 children, teens, and adults with developmental disabilities.

As one of 21 nonprofit regional centers in California operating under the Lanterman Developmental Disabilities Act, SDRC plays a crucial role in supporting individuals with conditions such as autism, cerebral palsy, epilepsy, and intellectual disabilities. Their person-centered services range from early intervention and educational support to employment assistance and residential care, all designed to empower clients toward independence and inclusion.

Stay tuned for next year’s Family-Vendor Resource Fair! SDRC is dedicated to connecting individuals and families with more resources, partners, and opportunities they need to live meaningful and fulfilling lives.



CAPITOL CURRENTS

Keeping you plugged in to what's happening in CA and D.C.

NOVEMBER EDITION NEWS [VIEW ONLINE NOW](#)



Family-Vendor Resource Fair!



Agenda

- > 8:30 am: Registration
- > 9:00 am: Doors Open
- > 9:05 am: Opening Remarks
- > 9:30 am: 1st Session
- > 11:00 am: 2nd Session
- > 1:00 pm: 3rd Session
- > 3-3:30 pm: Closing



Family Resource Fair
continued



IN THE SPOTLIGHT



Meet Lindsay Reyes, HCBS Specialist

About Lindsay Reyes

How long have you been employed at the regional center and what do you do?

I've been working here for 7 years. Currently, I am one of the Home and Community Based Services Specialist in Community Services. I also held the position of Quality Assurance Specialist for all Residential Homes and Service Coordinator for Children's and Early Start.

Why did you get into this business?

I always knew I wanted to work with kids. When I graduated college, a friend of mine referred me to work as an infant teacher. I loved working with infants and toddlers and seeing their progress. After working in direct services for a few years, I worked at another Regional Center as an Early Start Service Coordinator before I moved to San Diego.

Tell us about one of your best days at work

My best day at work as the HCBS specialist was when we hosted the HCBS Residential Day for all the Residential Units. It was the first event that my partner and I coordinated from start to finish. I loved seeing all our efforts come together and receiving the feedback that people enjoyed the day and found the topics helpful to their work.

Where were you born and raised and how many siblings are in your family?

I was born in Los Angeles and raised outside of LA in the city of Walnut. I have two older sisters.

What do you like to do in your spare time?

Spending time with family and friends, eating out, traveling, going to the beach, doing short hikes around San Diego, and going to concerts.

Tell us about your dream vacation

My dream vacation is going to Bora Bora and staying in an overwater bungalow.

Do you play or watch any sports?

I don't play any sports. I do enjoy watching my nine-year-old play basketball and watching the Padres with him.



What is one of your greatest accomplishments?

Being a mom to my son. I love watching him learn and grow into his own person.

What is the most important characteristic of a good leader?

A good communicator. Someone who is knowledgeable and takes accountability.

What do you value in a person most of all?

Kindness, compassion, empathy.

Where do you hope to travel to in the next five years and why?

I want to travel to the Philippines and go to the beaches I haven't been to before. I also want to travel to Japan because I love the culture and the food.

Who is the funniest person you know?

My husband.

What is the best advice you ever received?

From Amy MacKenzie, "Adapt, Migrate or Perish."

What is your favorite quote?

"Okay, say Okay" -Gavin Tejdor, nine years old.

Tell us one thing people would be surprised to know about you?

I was named after my dad's favorite actress Lindsay Wagner.

Harrington Heights

Grand Opening celebrates Harrington Heights, developed in collaboration with the San Diego Housing Commission

SAN DIEGO, CA - Harrington Heights, a 15-story high-rise that celebrated its grand opening today in Downtown San Diego's East Village neighborhood, provides rental apartment homes with nearby access to transit, schools, City College and other neighborhood amenities for 270 households with very low income, including previously unhoused San Diegans.

"Today, as we welcome the future residents of Harrington Heights, let us remember what this project represents—that this is a city that refuses to give up on its people, a city that believes that progress is absolutely possible, and a city that understands housing is not simply about four walls and a roof, but it's about dignity. It's about stability. It's about belonging," San Diego Mayor Todd Gloria said at today's grand opening.

The Chelsea Investment Corporation has developed Harrington Heights in collaboration with the City of San Diego, the San Diego Housing Commission (SDHC), and many additional partners. Rents at 270 apartments at Harrington Heights will remain affordable for at least 55 years for households earning 25 percent to 50 percent of San Diego's Area Median Income, or approximately \$37,200 to \$74,450 per year for a three-person household. Forty apartments are set aside for individuals with developmental disabilities. The development also includes three unrestricted managers' units.



"Affordable rents for decades to come and rental assistance for many of these families will provide a greater opportunity for stable housing in San Diego's high-cost rental housing market," SDHC Senior Vice President of Real Estate Development Colin Miller said. "A stable place to call home is the foundation from which these families, just like all of us, are more likely to be able to deal more effectively with a variety of circumstances that come up in daily life."

SDHC awarded 115 federal rental housing vouchers to help many Harrington Heights residents pay their rent, with 75 housing vouchers designated for households that experienced homelessness (including 10 for veterans) and 40 housing vouchers assisting households with extremely low income that have not experienced homelessness. SDHC also awarded an \$8 million loan to support the development, consisting of federal and City funds that SDHC administers:

\$6.3 million in HOME Investment Partnership Program funding that the U.S. Department of Housing and Urban Development awarded to the City of San Diego. \$1.7 million from the City of San Diego's Affordable Housing Fund.



Harrington Heights (continued from page xxx)

“Harrington Heights represents a milestone on the path to solving the affordable housing crisis,” said Charles Schmid.

Additionally, SDHC authorized the issuance of up to \$68.7 million in tax-exempt Multifamily Housing Revenue Bonds and \$36.2 million in taxable bonds toward the development of Harrington Heights. These bonds were approved by the San Diego City Council, acting as the Housing Authority of the City of San Diego. SDHC, the City of San Diego, and the Housing Authority are not financially liable for the bonds. Private sources of funds, such as revenue from the development, are used to repay the bonds.

Continue reading



Dr. Tiffany Swan (continued from page 2)

What do you value in a person most of all?

A person’s ability to see possibilities instead of barriers! It is possible to be positive and still have difficult conversations. By creating barriers and failing to see possibilities, we build unnecessary walls in others’ lives.

Where do you hope to travel to in the next five years and why?

In the next five years I plan on visiting my daughters & grandbaby as much as possible. I hope to go on another wonderful vacation with my husband and see things that I have never seen before. It’s not about the distance – it’s about the people and the nuance of the experience.

Who is the funniest person you know?

I tend to crack myself up all the time. Not that I am the funniest person, but I get my own humor and tend to giggle to myself often at awkward times. If you ever see me having a little giggle to myself during a meeting or training, just know I probably thought of a funny pun, or the speaker may have said something that rhymes or associates with something funny.

What is the best advice you ever received?

Everyone is a leader, managers do paperwork.

What is your favorite quote?

“Do not let schooling interfere with your education” - Mark Twain.

Tell us one thing people would be surprised to know about you?

I absolutely love antique wood furniture. Perhaps because my dad was a woodshop teacher. I love to rehabilitate wood furniture. All the furniture in my house is second-hand that I have rehabilitated.

My favorite pieces of furniture are two 100-year-old wooden chairs with yellow crushed velvet fabric. They are gorgeous and gothic. I used to collect old dining room chairs and switch them out with the dining room table weekly for a new look each week. They were all rehabilitated with the same varnish and fabric so that they all looked similar but were all built differently. I think at one point I had over 25 chairs in storage. Someday I will have a large enough house so that I can have this collection again!



Abuse and Neglect

Individuals with disabilities are at an increased risk of abuse and tend to be abused more frequently and for longer periods of time ([DisabilityJustice.org](https://disabilityjustice.org).)

People with disabilities are four times more likely to experience violent victimization.

Data about perpetrators shows that victims of abuse are more likely to know their perpetrators.

RECOGNIZING SIGNS

It is important to know how to recognize signs of abuse and neglect. The individuals we support may not be able to tell you what happened or identify that an interaction was abusive.

It can be difficult to talk about violence or need for help without being overheard. Please see the [Recognizing Abuse and Neglect folder](#) for resources on identifying abuse and neglect.

MANDATED REPORTER

Remember, YOU are a mandated reporter. If you have observed, have knowledge of, or reasonably suspect abuse or neglect you are required to report it.

Stay vigilant with recognizing signs of abuse and neglect and report any reasonable suspicion.

See the [Mandated Reporter Chart](#) for information on how to make a report based on the age and residence. Anytime you report abuse remember that you must also submit a SIR.

The [Recognizing Abuse and Neglect folder](#) in the [Risk Mitigation and Wellness Toolkit](#) has resources for self-advocates and service providers in different languages that are available to download.

You may also visit the [DDS Wellness Toolkit](#) for direct links to these materials.

SIRS AND WAIVER RAGER

Every 2nd and 4th Thursday
9:00AM - 11:00AM

<https://sdrc.org.zoom.us/j/87442219870?pwd=cUzpWHTABeY03CWxzbrvRq4zhboCr4.1>

Meeting ID: 874 4221 9870 Passcode: J3SFCr

Institutional Deeming Office Hours

<https://sdrc-org.zoom.us/j/89237693873?pwd=SrHILpwvvyJsGcUg0bBhKEvVU5CuBeM.1>

Meeting ID: 892 3769 3873

Passcode: Z5D8Gj

IN THE SPOTLIGHT



Meet Lhory Jagers, Network Application Specialist

About Lhory

How long have you been employed at the regional center and what do you do?

I started working at SDRC in 2019. I'm the Network Application Specialist in the IT Department. Translation: I work on maintaining our Citrix system, and make sure all the little hamsters are doing their part to make sure all network/tech operations are running.

Why did you get into this business?

I used to teach Technology at a K-8 school and it was time for a change. I couldn't have picked a better place to be!

Tell us about one of your best days at work

Any day with coffee!

Where were you born and raised and how many siblings are in your family?

I was born and raised in San Diego (Paradise Hills) and I have 1 older brother.

What do you like to do in your spare time?

Hang out with my nieces and nephews, play music with my husband and go to Orangetheory; I just celebrated 2,050 classes.

Tell us about your dream vacation

I'd love to visit Italy someday, or do a tour of all our National Parks. I would be happy with a week in Yosemite Valley though.

Do you play or watch any sports?

I just hope both teams have fun!



What is one of your greatest accomplishments?

I have an Office quote for every situation (and it kills me when people don't get the reference).

What is the most important characteristic of a good leader?

Consistent and fair, and helps you be the best version of yourself.

What do you value in a person most of all?

How they treat others.

What is your favorite quote?

"Lunch is cancelled due to lack of hustle!"

-Tony Perkins

Tell us one thing people would be surprised to know about you?

I've only seen the extended versions of "The Hobbit" and "Lord of the Rings," an obscene amount of times.

Have an outreach event you need staffing for?

email us: communications@sdrc.org





Spooky Festivities

Carmel Mountain & South Bay







La Mesa



San Marcos & Eastlake



Spooky Fun at the Main





Meet Amy MacKenzie, HCBS Specialist

About Amy MacKenzie

How long have you been employed at the regional center and what do you do?

On 12/17/25, I will be celebrating 35 years with the SDRC! I was an SC for 33 years and have been an HCBS Specialist for the last two years.

Why did you get into this business?

Growing up, my neighbor who was my same age, had an intellectual disability. It struck me back then, that it could have been me. Her parents worked and she was watched by her brothers who were busy doing their own things. My sister and I would have her come to our house, so she wasn't sitting on her couch rocking by herself all day. She enjoyed our busy household. That experience and the desire to make a difference in people's lives brought me down the road to where I am now.

Tell us about one of your best days at work.

I worked with an individual who wanted to learn to drive and get her own car. I was worried whether she could do it or not, but she pursued all the steps to get to her goal. She obtained her driver's license and her own car. The day she got her car; she called to tell me that for the first time she felt like a real person.

Where were you born and raised and how many siblings are in your family?

I was born in Milwaukee, Wisconsin. When I was 6 years old my family moved to Wayzata Minnesota, and when I was ten years old we moved to California. I have two brothers and three sisters. I am number five. I also have 14 nieces and nephews.

What do you like to do in your spare time?

I enjoy playing disk golf, bocci, and hiking. I love driving in the country and picnicking. I LOVE playing games; if you're my friend, you have to play games with me. I like doing crafts, making cookies and spending time with my husband, family and friends.

What do you value in a person most of all?

Intelligence, integrity, and a loving heart.



Tell us about your dream vacation.

I would love to take the train across Canada, in a sleeper car and with my friends.

Do you play or watch any sports?

I am a Charger Football fan and a Padre's fan.

What is one of your greatest accomplishments?

Surviving 35 years at SDRC.

What is the most important characteristic of a good leader?

Knowledgeable, consistent, trustworthy, and has a good sense of humor.

Where do you hope to travel to in the next five years and why?

I want to travel to all 50 states and take a cruise to Alaska. I like meeting new people and experiencing new places.

Who is the funniest person you know?

I definitely got my sense of humor from my dad, and my husband keeps me laughing.

What is your favorite quote?

"What we do matters, and it matters that we do it well. Doing things well requires all of us working together to shape outcomes to be the best they can be, then learning and doing more work to make those outcomes even better."

What is the best advice you ever received?

"Adapt, Migrate or Perish." and "Leave the place better than when you arrived."

The Importance of Self-Care in Maintaining Mental Health



Understanding Mental Health

- Includes emotional, psychological and social well-being.
- It affects how we think, feel and act, and influences our ability to handle stress, make decisions and maintain relationships.
- Neglecting our mental health can lead to anxiety, depression and burnout.

The Role of Self-Care

- Take deliberate actions to prioritize our physical, emotional and mental well-being.
- It is not a selfish act
- Engaging in self-care activities helps reduce stress, improve mood, boost self-esteem and enhance mental resilience.
- It is an essential tool for preventing mental health issues and promoting well-being.

Incorporating Self-Care

- Begin by identifying activities that bring you joy and relaxation and allocate time for them regularly.
- Create a self-care routine.
- Set boundaries: Learn to say no to activities or commitments that overwhelm you.
- Seek support: Reach out to trusted friends, family or professionals when you need assistance or guidance.

Types of Self-Care

- Self-care encompasses various activities that cater to different aspects of our well-being.
- **Physical self-care** includes exercise, healthy eating and adequate sleep.
- **Emotional self-care** involves activities like journaling, practicing mindfulness or engaging in hobbies that bring joy.
- **Social self-care** focuses on nurturing healthy relationships and seeking support from loved ones.
- **Intellectual self-care** includes stimulating the mind through reading, learning or engaging in creative pursuits.
- **Spiritual self-care** involves practices like meditation, yoga or being in nature.

Self-Care Reminders

- By incorporating self-care activities into our daily routine, we can reduce stress, enhance our emotional well-being and build resilience.
- Remember, self-care is not a luxury but a necessity for leading a balanced and fulfilling life.
- READ MORE
<https://today.marquette.edu>

Modica Family and Taormina Family Apartments

GRAND OPENINGS



On October 14, 2025, the grand opening ceremonies occurred for the Modica Family Apartments and Taormina Family Apartments in Clairemont, San Diego. Both are new construction affordable housing developments led by the Chelsea Investments Corporation in San Diego.

The Modica Family Apartments development includes 94 affordable apartments, with 24 set aside and Taormina Family Apartments development includes 136 affordable apartments, with 34 set aside (total 58) for individuals and families supported by the San Diego Regional Center (SDRC), providing much needed housing resources. SDRC's set aside units will be available to ensure long-term affordability and access for low-income households.

CONGRATULATIONS

To our Foundations for Success Training Group in October!





SOCIAL SHOWCASE

● ● Join us on social media for the latest updates and exclusive content!

Introducing Ernesto

October is Disability Employment Awareness Month, a time to highlight the efforts and contributions of individuals with disabilities in the workforce and recognize the importance of inclusivity in the workplace.

To celebrate, we're highlighting individuals we support at their places of work. Meet Ernesto, an individual we serve and an SDRC receptionist. As one of our receptionists, Ernesto provides outstanding customer service to visitors and helps keep things running smoothly by organizing and filing important documents. With support, Ernesto is not only succeeding in his role, he's also paving the way for others with disabilities to pursue their own career goals.

We're proud to have Ernesto on our team and to celebrate the impact he's making every day.



You can watch Ernesto's story [here](#).



Check out more videos and stories about our clients:





HAPPY BIRTHDAY!

November 2

Leslie Arce
Kristine Calalang
Daniel Ducote
Bridget Garrett
Eduardo Limon
Suzanne Luitel
Karen Melowitz
Donna Null

November 3

Savanna Beecroft
Estela Siqueiros
Jessenia Trejo

November 4

Astrid Brunet-Martinez
Genesi Morales
Angela Wash

November 5

Natalie Grenier Bracken
Lauren Sugui

November 6

Michal Crouse
Katie Dietrich
Fernanda Guerra

November 7

Brooke Akana
Ian Ferguson
Sarah Franco
Mark Klaus
Jami Rund

November 8

Karely Mendez
Gloria B Ramirez
Jeanette Saucedo

November 9

Jesus Atondo
Maria Chavez
Nicole Mercy

November 11

Angela Margeson
Farrah Roc

November 12

Francis Almario
Lorena Arambula
Amie Chambers
Deborah Hernandez
Valerie Monsalve

November 13

Maritza Arriaga
Jane Gonzales
Eric Mendoza
Joanna Navarrete

November 14

Kamaria Allen
Jose Gonzalez
Staphany Lu
Melissa Melgar
Aline Ramirez

November 15

Karla Hernandez
Brandyce Park

November 16

Michelle Barker
Kendra Garcia
Karla Sandres
Necol Shabazz

November 17

Desiree Delgado
Lisa Johnson
Andree Van Der Merwe

November 18

Kelsey Meleady
Alba Reyna
Daisy Valdez

November 19

Alexandra Alcantara
Joanna Herrera
Geneva Montanez
Matthew Nalus
Cynthia Parkhill
Mirna Pelaez

November 20

Jessica Means-Cruz

November 21

Paige Lyle
Fernanda Rodriguez

November 22

Andrea Hogan
Michael Lozano

November 23

Samuel Bradshaw

November 24

Brenna Balogh
Bernadette Boren
Daniel Favela
Kimberly Kramer
Matthew Walter

November 25

Elizabeth Ibarra
Brent Tavernelli

November 26

Lizzette De Anda
Laura Euyoqui
Viriana Nevarez
Gabriella Ohmstede

November 27

David Jaime
Daniel Plon

November 28

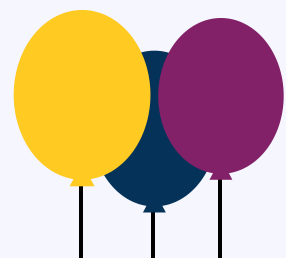
Daniela Tolley
Johana Zavala

November 29

Rogelio Gonzalez
Kacie How

November 30

Dalia Palomino
Victoria Ruiz
Gabriel Tecarro



ANNIVERSARIES!

Celebrate

20+ Years

Barbara Casillas
Martha Cervantes
Carolyn Crawford
George Deshazo
Robert Edwards
Sonia Griffin
Christine Lux-Whiting
Lenka Pavlik
Diana Perez

10 Years

Kristopher Madrigal

5 Years

Trina Castaneda
Melissa Dimdiman
Jazmine Hamme
Mary Nieves
Gwendolyn Noll
Martin Yepez-Pawlik

1 Year

Christina Bunhey
Matthew Hunter
Janica Peredo
Samantha Wanamaker

Autism Support of Imperial County
ASIC LOVE

Cruise for Autism
El Centro

Friday November 21, 2025
Starting Line: Stark Field Parking Lot
Cruise: 3:20PM to 4PM

Drifters
Car Club

Cruise for Autism
Car Show

Downtown El Centro
Saturday November 22, 2025 - 10AM to 4PM
Vendor and Resource Fair
Live Music, Games, Food Trucks and Dunk Tank

SDRC
San Diego Regional Center

Model 2000s
Sponsors

KXO
1230
The Best Oldies On The Radio

EL CENTRO
MOTORS

Martha
Cardenas-Singh

Model 2025
Sponsors

Innercare
Making life healthy from the inside out

Model 1920s to 1960s Sponsors
Home of Guiding Hands,
Baja Farms, Alex Cardenas,
CASA, Sun Community FCU

Model 1990s
Sponsors

usbank

KYMA

POSTAL ANNEX

MAD
Graphics

CVB
COMMUNITY
VALLEY BANK

ServiceMASTER
Restoration



LEAP is

Learning & Education for All Professionals

LEAP is a comprehensive and centralized system for training and to help you further your professional development. It offers a variety of training modules that tracks your progress.

The training modules offer both online and instructor-led classes.



Don't Have a LEAP Account?

New employees must register. If you have recently changed your name please log in using your existing account and update the information on your profile to reflect the new name/email.

Create your **LEAP** account [HERE!](#)

October Tributes



Congratulations to Our Recognized Staff!

Laurel Critti
Iris Valadez
Donna Null
Amy MacKenzie
Lindsay Reyes
Erika Tuhwe

Ashley Lopez
Michael James Bell
Janisse Marron-Hernandez
Cristina Sur
Soleil Olsen
Jaya Iyer

Recognize Someone Today!

Each tribute will be thrown into a monthly drawing for a chance to win an SDRC t-shirt or a \$30 stipend! Winners will be announced via email.

Congratulations September drawing winners:

Bernadette Boren
Chessa Burke

Kara Corona
Elliot Walker

[Download the staff tribute form here](#)



Mandatory Training

All SDRC staff are required to complete the following online training (new employees must complete within the first 30 to 90 days of employment).

SDP 1: Staff Introduction to Self-Determination
Basic introduction to the Self-Determination Program.

SDP 2: Staff Introduction to Individual Budgets in Self-Determination
Basic introduction to Self-Determination Individual Budgets.

Harassment-Free Workplace –
Employee / Manager New staff must complete within 30 days of employment and every two years thereafter. Tenured staff must complete training every two years.

Introduction to the Regional Center System –
Enroll [HERE](#)

Privacy and Security Series - 7-Part Learning Path: Enroll [HERE](#)

Safety in the Workplace – Enroll [HERE](#)

Workplace Etiquette – Enroll [HERE](#)

SDRC Emergency Action and Fire Prevention Plan – online and in-person: Enroll [HERE](#)

Person-Centered Thinking – available in person. Enrollment opportunities will be announced when it becomes available.

Workplace Violence Prevention – Enroll [HERE](#)

Heat-Related Illness Prevention Training Presentation - Download [HERE](#)



SAVE THE DATE!

holiday party

THURSDAY, DEC 4, 2025
11AM @ TOWN & COUNTRY RESORT

May you enjoy the holiday with friends and family!



November Events

Lanterman Coalition Annual Fall Retreat

November 7, 2025
SDRC Main Office

ARCA Academy

November 14-15 at Alta Regional Center in Sacramento

ASIC Car Show and Vendor Fair

Saturday, November 22, 10:00 - 4:00 pm
Downtown El Centro
[Website](#)

Educational Expo and Family Fun Day

Saturday, November 22, 10:00 - 2:30 pm

Thanksgiving -SDRC offices are closed

Thursday-Friday, November 27-28

How To Complete Your Timecard The Day Of The Holiday Awards Luncheon

5/40 schedule

Attending Luncheon - record your time as 8 hours of pay code Holiday

Not attending Luncheon - record your time as 4 hours of pay code Holiday and 4 hours of vacation or unpaid leave

9/80 schedule

Attending Luncheon - record your time as 9 hours of pay code Holiday

Not attending Luncheon - record your time as 4.5 hours of pay code Holiday and 4.5 hours of vacation or unpaid leave

4/40 schedule

Attending Luncheon - record your time as 10 hours of pay code Holiday *(This is an exception for December 12 only)*

Not attending Luncheon - record your time as 5 hours of pay code Holiday and 5 hours of vacation or unpaid leave



Client Report

As of September 30

727 cases opened through intake
493 (68%) cases opened in Early Start
118 cases were reactivated
90 cases were inactivated
495 cases were closed
46,755 the total caseload



SDRC

NEWSLETTER
CONTENT SUBMISSIONS



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