Dear All,

Here is a link to the Imperial County website with their latest health measures regarding COVID-19.

http://www.icphd.org/media/managed/2019coronavirus/HO Order FC.pdf

Below is information from the County of San Diego.

As COVID-19 cases continue to rise in and around the County of San Diego, **new health** measures are taking effect as of April 9, 2020 and extend through April 30, 2020.

## The new order mandates that:

- Everyone needs to stay home except to take care of essential needs or go to an essential job.
- Practice social distancing. Keep at least six feet away from other people unless they're household members. Avoid gatherings of any size.
- You should wear a face covering when leaving home. Cloth facial coverings don't have to be medical grade but should cover your nose and mouth. Homemade masks, bandanas, scarves and neck gaiters are OK since you can wash and reuse them.
- It is strongly recommended you stay home, unless you need medical care, if:
  - o You are over 65 years old
  - o Have a chronic underlying health condition
  - o Have a compromised immune system
  - o Have mild to moderate symptoms of COVID-19
- Anyone returning from International travel (including Mexico) is subject to a 14-day home (or other suitable location) quarantine.

## What is open?

You need to follow social distancing when you visit these essential services, including:

- Grocery stores, farmers markets, food banks, convenience stores
- Restaurants for take-out, delivery or drive-through
- Pharmacies
- Banks
- Laundromats/laundry
- Hardware/home improvement stores
- Airports and public transportation

## What's been closed?

- Dine-in areas of restaurants
- Bars and nightclubs.
- Gyms and fitness centers
- Hair and nail salons
- Entertainment venues
- Most beaches and public parks. All parking lots to beaches and public parks are closed.
- Public events and gatherings

## Here is a link to the latest Order from the County of San Diego:

https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/Epidemiology/ HealthOfficerOrderCOVID19.pdf

Here is a link to the Order from the County of San Diego, dated August 7, 2020 that requires isolation of those diagnosed with or likely to have COVID-19.

https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/Epidemiology/covid19/HealthOfficerOrder-Isolation.pdf

Carlos Executive Director