



SAN DIEGO REGIONAL CENTER  
**Self-Determination  
Program**

## Testimonials Needed for the Self-Determination Conference

The San Diego Self-Determination Conference is November 9, 2023 at UCSD Park & Market.

We'd love the opportunity to feature brief testimonials from individuals who are using the self-determination program. It's vital that our communities hear directly from those whose lives are changing for the better because of self-determination.

Your testimonial can be either a brief video (taken on your smart phone or tablet, ) or you can write a testimonial and send it with a picture if you have one. (see the example below of Poli). It can be as simple as telling us **3 things you like** about your self-determination plan.

Thank you for sharing your story! Send your testimonials to David at:  
**[ddrazenovichconsulting@gmail.com](mailto:ddrazenovichconsulting@gmail.com)**



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My goal is to be a professional wood artisan.

I've started my own micro-business, Poli's Woodcraft, where I sell my hand turned wood & acrylic pens online and at face-to-face markets and fairs.

I use my spending plan to learn from small business owners and craftsmen, attend workshops, set-up my home woodshop, and receive assistance to operate my small business.

I plan social activities, attend craftsmen trade events, practice the skills for future independent living, and keep up on my health & fitness. The Self-Determination Program makes all these things happen.

Learn more about self-determination at: [www.sdrc.org/sdp](http://www.sdrc.org/sdp) or email [sdp@sdrc.org](mailto:sdp@sdrc.org)