

## Participant Responsibilities

- ◆ Participant completes orientation
  - [SCDD Statewide Self-Determination Program Training](#)
  - [Leap SDP Training](#) (Part 1 & 2)
- ◆ Review roles & responsibilities and participant checklist



- ◆ Initial person-centered planning services are acquired
  - Person-centered plan (recommended)
  - Self-directed supports (recommended)
- ◆ SDP agreement forms and Invoice are completed and submitted
- ◆ Provide completed person-centered plan



- ◆ Review 12-month expenditure report with guide
- ◆ Review proposed initial individual budget form
- ◆ Attend external budget review meeting
- ◆ Agree and sign initial individual budget form



- ◆ Review service codes and definitions
- ◆ Review spending plan guidelines and procedures
- ◆ Spending plan is submitted to SC
- ◆ Agree and sign spending plan



- ◆ Review DDS guidance on FMS options and fees
- ◆ Review DDS guidance and requirements on services and providers
- ◆ Select FMS agency and service providers



- ◆ Attend SDP PCP IPP meeting
- ◆ Review monthly FMS balance statements
- ◆ Report any changes
  - Spending plan
  - New needs or events



## Service Coordinator Responsibilities

- ◆ Document completion of orientation (T19)
- ◆ Submit certificate of completion to records
- ◆ Review roles & responsibilities, participant checklist, mega checklist, and other needed material



- ◆ Document completion of person-centered plan (T19)
- ◆ Submit person-centered plan to records
- ◆ Submit service reimbursement POS 024 or 099 if needed



- ◆ Complete initial individual budget draft
- ◆ Schedule an internal budget consult w/ SDP team
- ◆ Schedule an external budget meeting w/ participant
- ◆ Sign and send initial budget form to records



- ◆ Review service codes & definitions
- ◆ Assist participant with revision of spending plan
- ◆ Agree and sign spending plan (FMS included)
- ◆ Send signed spending plan to records



- ◆ Confirm FMS and onboarding process for SDP start
- ◆ Create POSs and submit final budget and spending plan to FMS



- ◆ Schedule & develop SDP PCP-IPP  
*\*current SC*
- ◆ Submit monthly FMS statements to records
- ◆ Stay updated on changes
  - ◆ Rate changes
  - ◆ New services

*\*SDP SC Responsibility*



## What Is The Self-Determination Program?

Self-Determination (SDP) provides individuals and their families with more freedom, control, and responsibility in choosing services and supports to help them meet objectives in their individual program plan.

Participants create a person-centered plan which guides their spending plan created from an individual budget; based on the last 12 months of the traditional services.

SDP is now available to all eligible individuals receiving services from a regional center.

### Questions?

Contact your service coordinator for more information or email [sdp@sdrcc.org](mailto:sdp@sdrcc.org)



## A Quick Transition Guide to SDP

#1

Attend Approved Self-Determination Program Orientation

#2

Person-Centered Planning  
●  
Agree on Individual Budget

#3

Services & Spending Plan  
●  
Select FMS & Service Provider

#4

Hold SDP PCT IPP Meeting

#5

Start Services with The Self-Determination Program