

The following agencies are available to discuss providing Self-Determination Pre-Enrollment Supports (Service Code 099) to future Self-Determination Participants including but not limited to the SDP Individual Budget and Spending Plan. Availability of funding for these services is limited to 40 total hours of Pre-Enrollment Supports that may be split between 099 General supports and/or 099 FMS supports. The following service providers are vendored by San Diego Regional Center (SDRC). SDRC has listed the following providers in alphabetical order by last name and/or entity name. Please contact them to discuss individual needs and please notify your service coordinator when you have decided on a provider/providers. We will continue to add other resources as new providers .

### **General Supports (099)**

#### **Community Interface Services (CIS)**

- Sheppard, Christine - Program Director:  
760-729-3866  
[csheppard@communityinterfaceservices.org](mailto:csheppard@communityinterfaceservices.org)

#### **Cothrine, Candice**

858-336-1214  
[kyndce7@gmail.com](mailto:kyndce7@gmail.com)

#### **Freeland, Bryan**

DBA San Diego Education Consult LLC  
858-945-7642; [bfreeland@gmail.com](mailto:bfreeland@gmail.com)

#### **Home of Guiding Hands:** Edward Hershey

619-938-2850  
[Edward@guidinghands.org](mailto:Edward@guidinghands.org)

#### **Infinite Facilitating:** Krysta Kingsbury

760-884-9459  
[Kingsbury143@gmail.com](mailto:Kingsbury143@gmail.com)

#### **PFM Solutions:** Paul Mansell

619-302-7669 [paulmansell@pfmsolutions.co](mailto:paulmansell@pfmsolutions.co)  
Website: [pfmsolutions.co](http://pfmsolutions.co)

#### **Resilient Pathways:** Anna Reyes

818-391-8801  
[annareyes505@gmail.com](mailto:annareyes505@gmail.com)

#### **Sparacino, Lindsey M.A. Ed.**

760-290-2888  
[Lindsey.sparacino@smusd.org](mailto:Lindsey.sparacino@smusd.org)

#### **Superstar Consulting:** Kasey Howell

760-586-5819  
[consultasuperstar@gmail.com](mailto:consultasuperstar@gmail.com)

### **FMS Supports (099)**

#### **FMS Pay LLC:** Kyle Jones

858-281-5910  
[Connect@fmmpay.com](mailto:Connect@fmmpay.com)  
Website: [www.myfmmpay.com](http://www.myfmmpay.com)