San Diego Regional Center Purchase of Service Standards Social Recreation Activities, Camp Services, Nonmedical Therapies, and Educational Services

Social Recreation Activities and Associated Travel Expenses

The San Diego Regional Center (SDRC) recognizes that all persons, regardless of their disability, need appropriate social and recreational opportunities during their lifetime. For most clients, an individual's social/recreational needs should be achieved through the natural environment within his/her family's activities or residential service program. In addition, clients are often involved with social/recreational activities as part of his/her educational or day program services. In general, adult clients, parents of children living at home, or the primary care provider of children and adults in residential placement settings, have the responsibility for pursuing, funding, and/or providing ongoing opportunities for social and recreational activities.

Social/recreational services are designated to enhance social interaction opportunities and skills, which enable the client to become involved in group and individual activities at home and within the community. Such services encourage clients to initiate communication with others, teach appropriate social skills, develop friendships, and enhance natural supports. Social/recreational services are considered time-limited, with periodic reassessment, and are intended for clients to acquire the social and behavioral skill(s) identified in the Individual Program Plan (IPP) or Individual Family Service Plan (IFSP) to enable clients to become involved in additional integrated social/recreational opportunities. Resources which provide outlets and services for social/recreational opportunities include family, friends, schools, residential settings, day services, independent living and supported living programs, municipal parks and recreational programs, and other generic community activities and services.

Social and recreational services may be provided, arranged, or purchased by the SDRC in accordance with the *Basic Service Standards* outlined in the *SDRC Purchase of Service (POS) Standards*, and when all of the following criteria are met:

- 1. The client has no socialization or recreation resources similar to, or as listed above, available to them.
- 2. The need for the service is directed toward the alleviation of the client's developmental disability, or the maintenance of an independent, productive, and normal life.
- 3. The need for the service is identified in the client's IPP or IFSP and a specific outcome has been developed to address the need.
- 4. The identified service meets required Home and Community Based Services (HCBS) regulations, as appropriate.
- 5. The service is not considered a duplication of service related to another funded service.

In general, it is the responsibility of the caregiver of a minor child to provide transportation when a generic resource is not available. Mileage reimbursement may be considered on a case-by-case basis.

Funding for transportation for adults to get to and from activities will be assessed on an individual basis.

Camp and Associated Travel Expenses

Camp and associated travel expenses may be provided, arranged, or purchased by the SDRC in accordance with the *Basic Service Standards* outlined in the *SDRC Purchase of Service (POS) Standards*, and when all of the following criteria are met:

- 1. The camp is determined to be appropriate by the planning team.
- 2. The client's ability to participate does not compromise his/her health and safety.
- 3. The identified camp meets required HCBS regulations, as appropriate.
- 4. The service is not considered a duplication of service related to another funded service.

SDRC may fund for necessary support to facilitate meaningful participation in activities.

In general, it is the responsibility of the caregiver of a minor child to provide transportation when a generic resource is not available. Mileage reimbursement may be considered on a case-by-case basis.

Funding for transportation for adults to get to and from activities will be assessed on an individual basis.

<u>Non-Medical Therapies</u> (including but not limited to specialized recreation, art, dance, and music) and <u>associated travel expenses:</u>

SDRC funding will only be provided in exceptional circumstances when it has been demonstrated that the service is directed toward the alleviation of the client's developmental disability, is recommended by the planning team, and all other potential sources of funding have been exhausted. Specialized recreation providers may require specific certifications per Title 17.

Occupational Therapy, Physical Therapy, Speech Therapy, and Behavior Therapies are considered **Medical** Therapies and requests for funding are reviewed using different POS Guidelines.

In general, it is the responsibility of the caregiver of a minor child to provide transportation when a generic resource is not available. Mileage reimbursement may be considered on a case-by-case basis.

Funding for transportation for adults to get to and from activities will be assessed on an individual basis.

<u>Use of Participant-Directed Services (PDS) for Social Recreation, Camping Services, and Non-Medical</u> <u>Therapies.</u>

Social recreation, Camp, and non-medical therapies may be purchased through a Financial Management Service (FMS) if the provider of these services is:

- 1) Not vendored by the regional center; and,
- 2) The provider's service is predominantly delivered to individuals who do not receive regional center services.

The FMS shall be used to pay the provider directly and not to reimburse the individual or family for the cost of the service.

Educational Services (for children 3 – 17, inclusive, years of age)

In general, education is the responsibility of the school system for the school-aged child.

Preschool services are designed for children who are at least 3 years of age and include programs specifically for children with a developmental disability who are not eligible for a public-school program. Preschool programs should provide children with the skills necessary to begin functioning in a school setting including social skills, communication skills, group interaction, listening and attending skills, and basic pre-academic concepts. Regional Center may purchase preschool education when documentation has been presented indicating the non-availability of a publicly funded developmental/educational program for the child. A preschool program is not intended to serve as child care for families.

The Service Coordinator is available to attend Individual Education Plan (IEP) meetings to assist the client and family with educational planning. Consultation and Advocacy services will only be considered as an exemption when all other generic and community support services have been exhausted, including but not limited to the Office of Clients Rights (OCRA), State Council on Developmental Disabilities (SCDD), district ombudsperson, legal aid services, and SELPAs.

Exceptions

Exceptions to these standards will be considered on an individual basis, and reviewed with the Planning Team. When reviewing a request for exception, SDRC will consider the individual circumstances, and efforts to locate and participate in generic resources.

Authority

W&I Code Section 4688.22 W&I Code Section 4519.5(a)(8) W&I Code Section 4512 W&I Code Section 4646 W&I Code Section 4646.4 W&I Code Section 4648.5 W&I Code Section 4659